



Health Promotion Research Centre

Annual Report

January – December 2011

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i. Foreword

We are pleased to present the 2011 Annual Report of the Health Promotion Research Centre, National University of Ireland Galway. This report presents an overview of our research related activities over the last year, including short reports on our research projects, publications, presentations and conference events. It has been a busy and productive year in the Health Promotion Research Centre, with 15 different research projects underway. We continue to attract a steady stream of external funding, working in collaboration with national and international research partners and agencies.

This year we present our research under three general headings: a) Primary research on health promotion including epidemiological and qualitative approaches, b) Synthesis and review of research to inform health promotion policy, practice, and capacity building, c) Evaluation of interventions to promote health and wellbeing. These represent the broad areas of Health Promotion in which we concentrate our contribution to both the academic discipline of Health Promotion and to the fields of Health Promotion practice and policy development.

In 2011 primary research included both survey and participatory research projects. Work continued on the World Health Organisation collaborative study – Health Behaviour in School-aged Children (HBSC) and related research in the area of immigration and health and injury and violence prevention. Data from over 16,000 school children were collected in 2010 and the Irish HBSC national report is expected to be launched in 2012. Primary research directly related to policy and practice is represented by the Scoping Study on Workforce Capacity and Education and Training Needs in Low and Middle Income Countries, conducted in collaboration with the International Union for Health Promotion and Education (IUHPE).

With regard to research synthesis and review, a systematic review of the evidence on the effectiveness of mental health promotion in low and middle income countries was commissioned by the WHO Geneva Mainstreaming Health Promotion initiative. The Translating Health Communications project, which is undertaken in collaboration with the European Centre for Disease Prevention and Control, produced a series of evidence

reviews and technical reports together with a consultation process with key stakeholders on health communication for the control and prevention of communicable diseases across the 30 EU and EEA/EFTA States. The Developing Competencies and Professional Standards for Health Promotion Capacity Building in Europe (CompHP), funded by the European Agency for Health and Consumers, completed its second year of work with the publication of a series of reports and a Handbook on the CompHP Core Competencies Framework for Health Promotion in Europe. Work was completed on the European Leonardo project, concerned with developing common educational standards in Social Care, and on the Irish Youth Health Promotion Bibliography. The Healthy Eating and Physical Activity in Schools project, which aimed to promote best available evidence for promoting child health in schools across Europe, was also completed in 2011. Research continued on the Connecting Health Research in Africa and Ireland Consortium (ChRAIC), including the development of international workshops, PhD fellowships and taught courses.

Three major studies were undertaken in 2011 on the Evaluation of Health Promotion interventions. The first is the evaluation of Zippy's Friends, an emotional wellbeing programme for children in primary schools, employing a cluster RCT, evaluation of programme implementation, and a 12 months follow-up on outcomes. The Triple P Programme is a population level parenting intervention and analysis was completed on time one data prior to the roll-out of the intervention and the collection of time two data during 2012/13. The INSPIRE CRC project commenced in October 2011 and comprises a three year programme designed to assess the effectiveness of online training resources for adults working to promote youth mental health. This project is being undertaken in collaboration with Inspire Foundation Ireland and Inspire Foundation Australia.

In 2011 we continued to develop our programme of work with WHO Geneva through our WHO Collaborating Centre for Health Promotion Research. We participated in the WHO initiative on Mainstreaming Health Promotion in low and middle-income countries, undertaking a systematic review of the evidence on mental health promotion interventions in low- and middle-income countries. Consultancy was also provided to the WHO European Region on Violence and Injury Prevention. We also participated in a WHO Partnership Meeting, which brought together experts from the WHO Regional Office for Europe and nine Collaborating Centres in Europe, to discuss how the Centres could support the work of WHO Europe on the development of WHO Health 2020 policy and the implementation of the WHO European Action Plan on the Prevention and Control of NCDs (2012-2016).

Our extensive range of networks and collaborations continue to grow. The staff of the Centre, play an active role in a wide range of international and national committees related to health promotion research and policy. The HPRC continues to attract visiting scholars from within Ireland and abroad and in 2011 we hosted four visitors from Ireland, France, Spain and Thailand. In addition, the Health Promotion Research Centre has an external Advisory Board with international representation, which meets annually and advises on our work and provides guidance for future developments. This year, in keeping with the Strategic Plan for the National University of Ireland Galway 2009-2014, we have further developed our benchmarking with two other leading centres for Health Promotion Research in Europe; the Department of Health Promotion and Development – HEMIL, at the University of Bergen in Norway and the Ludwig Boltzmann Institute for Health Promotion Research at the University of Vienna, both of which also host World Health Organisation Health Promotion Research Collaborating Centres. During 2011 we made progress on agreeing a model for benchmarking and measuring the scientific and policy impact of our research and agreeing indicators for input, structure, process and impact of research activity. As part of the Quality Review of the School of Health Sciences at NUI Galway, which took place in 2011, the Quality Review Committee, comprised of external experts, recognised and commended the work of the Health Promotion Research Centre. Further to this review, new accommodation for the Centre was highlighted as a priority, and a move to a new building is planned for 2012.

The appropriate dissemination of research activities and findings is a core component of our work. We write, and collaborate on, traditional peer-reviewed journal articles to disseminate our work to other scholars and scientists and the bibliographic analysis we have conducted suggests that we are achieving a good impact. Other dissemination activity is focused on specific routes designed to reach particular target groups of research consumers. This includes government publications, technical reports, factsheets and conference presentations – all designed to also reach practitioners, policy makers, the general public and advocacy groups.

The annual conference of the Health Promotion Research Centre, now in its 15th year, is a major dissemination event for our work. Attracting national and international speakers and participants, it is an important national platform for Health Promotion and provides a valuable opportunity for all stakeholders to meet and discuss their work. The conference is organised by the HPRC in collaboration with the national Department of Health and the Population Health Directorate of the Health Service Executive. In 2011 the conference was entitled “Mainstreaming Health Promotion: Promoting Health across Sectors” with a focus on emerging policies and strategies and their implementation within statutory, voluntary and community settings. The conference was opened by Dr James Reilly, T.D., Minister for

Health and included keynote addresses from Dr Gauden Galea, World Health Organisation Regional Office for Europe, Dr Tony Holohon, Chief Medical Officer at the Department of Health, Government of Ireland, Mr. Clive Needle, Director of EuroHealthNet, Brussels and Ms. Joan Ita Murphy of the Health Service Executive.

We wish to acknowledge the skills, commitment, creativity and hard work of all the staff of the Health Promotion Research Centre. The scale and scope of our contribution to Health Promotion nationally and internationally is testament to our collaborative efforts. Thanks are also due to the International Advisory Board who have advised and guided us over the past year. We are grateful to all those who have funded and otherwise supported our research and dissemination activities. We look forward to strengthening our collaborations and working together with all our partners in the future.



Professor Margaret Barry

Professor of Health Promotion and Public Health

Head of WHO Collaborating Centre for Health Promotion Research,

Director of Health Promotion Research Centre

ii. Introduction



a. The Health Promotion Research Centre at NUI Galway

Health promotion is concerned with the promotion of population level health and well-being and is based on the principles of equity, participation and social justice. In keeping with the Ottawa Charter (WHO, 1986) and subsequent WHO directives, the focus of this practice is on enhancing the strengths and competencies of individuals, groups and communities in order to enable people to increase control over, and thereby improve their health.

The Health Promotion Research Centre (HPRC) at the National University of Ireland Galway was established in 1990 with support from the Department of Health. As the only designated research centre in Ireland dedicated to health promotion, the Centre collaborates with regional, national and international agencies, including the EU and WHO, on the development and evaluation of health promotion initiatives. The Centre was designated as a World Health Organization Collaborating Centre in 2009, one of three such centres globally to be affiliated with the WHO Geneva Head Office.

The aim of the Health Promotion Research Centre is to produce *high quality research, of national and international significance, that supports the development of best practice and policy in the promotion of health*. This aim is achieved through the following objectives:

- To advance the theoretical and methodological development of health promotion research
- To build capacity in health promotion through the provision of research training and support
- To advise and collaborate with regional, national and international agencies on the initiation, implementation and evaluation of strategies to promote health.
- To disseminate research activities to diverse audiences, including practitioners, funders, policymakers, researchers and the general public

The Centre has an active multidisciplinary research programme in place with over 30 staff undertaking independent, commissioned and consultancy work. We work closely with a

wide range of research stakeholders, including funders, policy-makers, practitioners in health and allied fields and research participants to produce a reliable research and knowledge base for the development of health promotion policy, programme planning and implementation and evaluation.

The Centre attracts a broad base of external research funding and currently coordinates several large-scale national and European research projects including the Health Behaviour in School-aged Children (HBSC) 2010-2013, Developing Competencies and Professional Standards for Health Promotion Capacity Building in Europe (COMPHP) and Translating Health Communication (Establishing a Programme for Dissemination of Evidence Based Health Communication Activities in the EU and EEA/EFTA 2009-12). We work with colleagues, Universities and research institutes within Ireland and internationally, and details of these links are included in this Annual Report.

The Centre collaborates on the development and evaluation of health promotion initiatives with regional, national and international agencies, which include the Department of Health and Children, Health Services Executive, European Commission, European Centre for Disease Prevention and Control, the World Health Organization and the International Union for Health Promotion and Education.

b. Teaching Programmes in Health Promotion at NUI Galway

The Health Promotion Research Centre is located in the Discipline of Health Promotion, School of Health Sciences at NUI Galway. The Discipline of Health Promotion at NUI Galway was established in 1990 as part of revised national infrastructure for Health Promotion in Ireland. The original goal of the Discipline was *to provide training, education and research in Health Promotion to support national developments*. Over the years the teaching programmes offered by the Discipline have evolved and developed and we now occupy a key role in national and international developments around teaching and learning in Health Promotion.

As the sole academic unit in Ireland dedicated to health promotion we contribute to programmes and initiatives across the country and internationally designed to further the training and education of graduates in the core skills, competencies and theoretical underpinnings of Health Promotion. We welcome students from across Ireland and abroad to a range of degree programmes designed to meet these objectives. Our flagship programme is the Higher Diploma/MA in Health Promotion, which is offered full-time in Galway and on a part-time basis in both Dublin and Galway. We also offer a four-year part-time programme in Social Care, with Certificate, Diploma and BA Degree options. Undergraduate and post-graduate degree programmes in Occupational Health, Health and Safety are offered in collaboration with colleagues from the Disciplines of Industrial Engineering, Law, Management and Physics, while the BA Connect in Children's Studies is offered in collaboration with colleagues in Italian, Psychology, Sociology and Political Studies, History and the Irish Centre for Human Rights.

Uniquely, we work with a range of external partners to offer Specialist Certificates in Health Promotion, including in Oral Health (Dental Health Foundation), Settings Approach to Health (HSE Mid-Leinster), Youth Health (National Youth Council of Ireland) and Sexual Health (AIDS West). As a Discipline we contribute to the undergraduate medical curriculum through modules such as 'Understanding Health and Illness in Society', 'Public Health and Health Promotion' and 'Global Health'. Other teaching contributions within NUI Galway include to the post-graduate programmes in Family Support, Social Work, Health Psychology, and Primary Care. Further details are available from www.nuigalway.ie/hpr.

iii. Profiles

a. Academic Staff

Staff Member	Title & Qualifications	Research Expertise
 <p>Dr Margaret M. Barry Professor of Health Promotion and Public Health</p>	<p>Head of WHO Collaborating Centre for Health Promotion Research</p> <p>Director, HPRC Project Leader</p> <p>MA, PhD</p>	<ul style="list-style-type: none"> • Mental health promotion • Evidence-based practice • Evaluation research in health promotion • Capacity building and health promotion competencies.
 <p>Dr Claire Connolly Lecturer in Health Promotion</p>	<p>Project Leader</p> <p>MB, Bch BAO, FFARCSI, MA</p>	<ul style="list-style-type: none"> • Breastfeeding • Childhood immunisation • Communication skills of health professionals • Experience of hospitalisation.
 <p>Dr Margaret Hodgins Lecturer in Health Promotion</p>	<p>Project Leader</p> <p>BA, MA, PhD, Reg. Psychologist</p>	<ul style="list-style-type: none"> • Settings for health • Workplace health promotion.
 <p>Ms Victoria Hogan Lecturer in Health Promotion (Occupational Health)</p>	<p>Project Leader</p> <p>BA, MSc, CMIOSH, RSP</p>	<ul style="list-style-type: none"> • Occupational stress • Work life integration • Occupational health psychology • Quality of working life.
 <p>Dr Colette Kelly Lecturer in Health Promotion</p>	<p>Project Leader</p> <p>BSc, MSc, PhD, RPHNutr</p>	<ul style="list-style-type: none"> • Children's health and social care • Diet and nutrition • Vulnerable groups • Participation of young people in research.
 <p>Ms Verna McKenna Lecturer in Health Promotion</p>	<p>Project Leader</p> <p>BA, MA</p>	<ul style="list-style-type: none"> • Evidence based policy and practice • Implementation guidance for health promotion • Health service access and health inequalities.


Staff Member		Title & Qualifications	Research Expertise
	Dr Michal Molcho Lecturer in Health Promotion	Project Leader BA, MA, PhD	<ul style="list-style-type: none"> • Adolescents health • Social inequality • Injury & violence prevention • Immigrants' health. •
	Dr Saoirse Nic Gabhainn Senior Lecturer in Health Promotion	Project Leader BA, MA, PhD, C.Psychol, AFBPsS, C. Sci.	<ul style="list-style-type: none"> • Health and health behaviour in childhood and adolescence • Methodologies for health promotion research • School health education and promotion.
	Ms Geraldine Nolan Lecturer in Health Promotion (part-time)	Project Leader BSc, MSc, Dip (Nut & Dietetics)	<ul style="list-style-type: none"> • Effective nutrition interventions • Best practice for eating disorder services • Nutrition needs of asylum seekers.
	Dr Diarmuid O'Donovan Senior Lecturer in Social and Preventive Medicine (part-time)	Project Leader MD, MSc, FFPHMI, DCH, DTM&H	<ul style="list-style-type: none"> • Health inequalities and health policy • Communicable disease control and environmental health • STIs and HIV/AIDS • Health and human rights.
	Dr Martin Power Lecturer in Health Promotion	Project Leader BA, PhD	<ul style="list-style-type: none"> • Risk and blood • Epistemic communities • Social policy • Adult education. • Social care
	Dr Lisa Pursell Lecturer in Health Promotion	Project Leader BSc, PhD	<ul style="list-style-type: none"> • Health impact assessment process and methodology • Evaluation of impact assessments • Development of indicators for measuring health inequalities.
	Dr Jane Sixsmith Lecturer in Health Promotion	Deputy Director - HPRC Project Leader RGN, HV, BSc, MA, PhD	<ul style="list-style-type: none"> • Health and the media • Qualitative methodologies for health • Health services research.

b. Research Staff

Staff Member	Title and Qualifications	Research Expertise
	Mr Reamonn Canavan Researcher BSc, MA, P Grad Dip	<ul style="list-style-type: none"> • Mental health promotion • Workplace health promotion • Mental health and social marginalisation.
	Ms Aleisha Clarke Post Doctoral Researcher BEd, Med	<ul style="list-style-type: none"> • Child and adolescent mental health • Schools mental health promotion • Suicide prevention.
	Ms Natasha Clarke Researcher BSc, MA	<ul style="list-style-type: none"> • Active travel to school • Participative research methodologies • Health behaviour in school-aged children.
	Ms Mary Callaghan Researcher BA, H.Dip, MSc	<ul style="list-style-type: none"> • Health Geography • Disease mapping • Spatial analysis.
	Ms Maureen D'Eath Researcher and PhD student BA, LLB, MA	<ul style="list-style-type: none"> • Health inequalities • Health needs assessments • Disability.
	Ms Colette Dempsey Researcher BA, MA	<ul style="list-style-type: none"> • Health promotion competencies and capacity building • Mental health promotion • Promoting mental health in the early years.
	Ms Priscilla Doyle Researcher BA, MA	<ul style="list-style-type: none"> • Young people and health • Nutrition, obesity and physical activity • Media and health.
	Ms Kathy Ann Fox Researcher BSc, MA	<ul style="list-style-type: none"> • Health communication • Health literacy and e-health • Young people and health • Research methods.

Staff Member	Title and Qualifications	Research Expertise
 Ms Jennifer Infanti	Researcher BA, PhD	<ul style="list-style-type: none"> • Narrative inquiry • Community-based action research • Domestic violence • Resilience, harm reduction.
 Ms Katie Murphy	Researcher BA, P Grad Dip.	<ul style="list-style-type: none"> • Health behaviour in school-aged children • Club participation contribution to the health of Irish children • Sexual and reproductive health of women with CF in Ireland.
 Dr Marianne Sentenac	Post Doctoral Researcher PhD	<ul style="list-style-type: none"> • Chronic illness and disability in childhood and adolescence • Health behaviour in school-aged children.
 Mr Eric Van Lente	Researcher BE, MA	<ul style="list-style-type: none"> • School-based health promotion/ social and emotional learning • Mental health promotion and theory.
 Ms Lorraine Walker	Research Assistant	<ul style="list-style-type: none"> • Health behaviour in school-aged children.

c. Administrative Staff

Staff Member	Title and Qualifications	Research Expertise
 Dr Vivienne Batt (part-time)	Administrative Director BA, PhD	<ul style="list-style-type: none"> • Women's counselling provision • Infant feeding practices and policies.
 Ms Christina Costello	Research Secretary	

d. Doctoral Students

There are 22 students registered for PhD programmes in Health Promotion supervised by members of academic staff, further supported by expertise provided through Graduate Research Committees. PhDs are offered on a full or part-time basis through the College of Medicine, Nursing and Health Sciences and the College of Arts, Humanities and Social Science.

Name of PhD student	Name of Supervisor	Proposed Title
Mr Yousef Al Balawi	Dr Jane Sixsmith	The role of social media in the prevention of RTAs through agenda setting.
Ms Maura Burke	Dr Margaret Hodgins	Exploring the rhetoric and reality for Primary Care team professionals: tracking the implementation process of the team-based approach to service provision in Ireland.
Mr Brendan Dineen	Dr Diarmuid O'Donovan	Identification of prevalence, causes and the need for eye care services.
Ms Clare Carroll	Dr Jane Sixsmith	Understanding early intervention services in Ireland.
Ms Aleisha Clarke	Professor Margaret Barry	An evaluation of Zippy's Friends, an emotional literacy programme for children in primary schools.
Ms Maureen D'Eath	Dr Jane Sixsmith	The meaning of the Independent Living Movement for people with disability.
Dr Khalifa Elmusharaf	Dr Diarmuid O'Donovan	Strengthening health system in Africa to improve reproductive health during and post conflict.
Mr Declan Flanagan	Dr Michal Molcho	Fun & games & health; a mixed methods study measuring the impact of government health initiatives & recommendations in the North West of Ireland.
Ms Aoife Gavin	Dr Saoirse Nic Gabhainn	Understanding the lives of children with disability/chronic illness.
Ms Susan Hennessy	Dr Diarmuid O'Donovan	Determining the future service needs for cardiovascular patients in the West of Ireland, using cardiovascular epidemiological modelling tools.
Ms Victoria Hogan	Dr Margaret Hodgins	Work life balance and occupational stressors within the Irish university system.

Name of PhD student	Name of Supervisor	Proposed Title
Dr Samir Mahmood	Professor Margaret Barry	Health Promotion capacity mapping in developing countries
Ms Patricia McSharry	Dr Margaret Hodgins	The effects of a physical activity intervention programme on a group of undergraduate students' short and long term knowledge and behaviours with regard to physical activity.
Ms Teresa Meaney	Dr Saoirse Nic Gabhainn	An exploration of Irish mothers experience of persisting with breastfeeding: a phenomenological study.
Ms Christina Murphy	Dr Saoirse Nic Gabhainn	From paper to practice: An analysis of teacher-delivered relationship and sexuality education in Ireland.
Ms Aine O'Brien	Dr Michal Molcho	Pediatric Injury Mortality.
Mr Éamonn O'Bróithe	Dr Jane Sixsmith	Scileanna agus riachtanais litearthachta gaeilge chainteoirí dúchais aaeilge sa ghaeltacht (The Irish language literacy skills and needs of native Irish speakers in the gaeltacht).
Ms Mary O'Hara	Dr Margaret Hodgins	Quality of life issues: Juvenile idiopathic arthritis and young people in Ireland.
Ms Siobhán O'Higgins	Dr Saoirse Nic Gabhainn	Why do young people wear condoms? An exploration of positive sexual health behaviours using participative methodologies to create a workable resource for schools.
Ms Lisa Shanahan	Professor Margaret Barry	The implementation and evaluation of Mental Health First Aid in an Irish context.
Ms Leigh-Ann Sweeney	Drs Michal Molcho and Saoirse Nic Gabhainn	An exploratory study of sex workers psychosocial experiences of the Irish healthcare system.
Ms Yetunde John-Akinola	Dr. Saoirse Nic Gabhainn	A Health Promotion approach to the implementation of school health services.

e. Doctoral Students' Abstracts

Congratulations to Siobhán O'Higgins and Aleisha Clarke who graduated this year with a PhD in Health Promotion. Their thesis abstracts are presented below.

PhD graduate	Name of Supervisor	Title
Ms Siobhán O'Higgins	Dr Saoirse Nic Gabhainn	Why do young people wear condoms? An exploration of positive sexual health behaviours using participative methodologies to create a workable resource for schools.

This thesis sets out to explore how young people could contribute to sexual health curriculum development and the responses of Relationships and Sexuality Education (RSE) teachers to their ideas. The study utilised a particular participative research methodology the '*Participative Research Process*' (PRP) to facilitate the participants to generate, collate and present their ideas. Phase 1 involved the collection of questionnaire data from 405 students over 18 years old on their views of the factors influencing condom use among young people. Phase 2 comprised PRP workshops with 394 post-primary school students aged 15 - 18 years. Phase 3 used PRP workshops to facilitate 26 RSE teachers to present their responses to the students' ideas.

Key issues for students in Phase 1 included education on the consequences of unsafe sex, whether alcohol and/or drugs had been taken, if the partner was casual or long-term, whether other contraception was being used. The post-primary school students in Phase 2 made their data accessible to adults with the creation of 58 '*Webs*'. The young people stated that it was vital that sex education allow them access to factual information. They wanted to learn how to establish healthy, respectful, communicative relationships, knowing how babies are made, when one's ready physically and emotionally for sex, how to put a condom on, who to go to for information and how best to talk about sexual issues. They wanted to be taught by people whom they can trust to deliver information accurately, confidentially and with confidence.

The teachers in Phase 3 generally responded positively to the issues raised in the '*Webs*', and called for more training as well as whole school support to be able to teach some of the learning outcomes identified. For the most part the teaching methods proposed by the students were considered to be acceptable, except where additional expenditure would be required. The study demonstrated that the main stakeholders within the education system, for whom sex education is crucial, believe that RSE is not effective enough to create the levels of sexual competence necessary to maintain holistic sexual health.

PhD graduate	Name of Supervisor	Title
Ms Aleisha Clarke	Professor Margaret Barry	An evaluation of Zippy's Friends, an emotional literacy programme for children in primary school.

This study reports on the evaluation of Zippy's Friends, an international emotional wellbeing programme for children in primary school. The purpose of this study was to (i) assess the immediate and long term impact of the programme on the pupils' emotional and behavioural wellbeing and coping skills and (ii) examine the process of implementation and the relationship between this process and the programme's outcomes. The study employed a cluster randomised controlled design with data collected from pupils and teachers before, during and after the implementation of the programme. A total of 766 pupils and 52 teachers from 44 disadvantaged schools were randomly assigned to intervention and control groups. The evaluation was comprised of a range of structured questionnaires and qualitative methods.

The results from this study indicate that the programme was successfully implemented in disadvantaged primary schools in Ireland and that it had a significant positive impact on the children's emotional literacy, hyperactivity and coping skills. The improvements in the intervention group's emotional literacy scores were maintained at 12 months follow-up. The programme did not have an impact on children's conduct problems and prosocial behaviour. Children in the control group, however, evidenced a reduction in their conduct problems between pre- and post-intervention. Results from the process evaluation indicate that the programme was well received by both teachers and children. Findings from the teachers' weekly questionnaires and structured observations confirm that the intervention was implemented with high fidelity and that the quality of programme delivery was also high. Analysis of programme fidelity further revealed that the intervention had a greater impact when implemented with high fidelity. The structured nature of the programme, the suitability of the content for the children, the engaging activities and the teacher training were cited as factors that facilitated programme implementation. Key recommendations regarding the role out and sustainability of Zippy's Friends in Ireland include the need for a whole school approach and as part of this, the need for active parental involvement with the programme. Overall, the findings from this study are in keeping with a broader base of international evidence on the benefits of emotional wellbeing programmes for children's social and emotional functioning. Furthermore, the results from the process of implementation assist in helping to understand how an evidence-based programme is implemented in the Irish setting and the factors that affect quality of implementation.

f. Masters in Health Promotion

The MA in Health Promotion is a taught programme available in NUI Galway full-time over one year or part-time over two years. Students complete four core modules and four optional modules, together with a minor dissertation based on original research. The MA dissertation list for 2011 is detailed below and dissertations are available from the discipline administrator, Denise Glavin, email: denise.glavin@nuigalway.ie.

Name of student	MA thesis title
Sarah Imelda Kavanagh	Investigating the barriers to parental involvement in the delivery of social and emotional well-being programmes in Irish primary schools
Tracy James	A health needs assessment of rotational shift working nurses in an acute hospital setting
Catherine Waldron	Smoking education and cessation counselling by dental hygienists in practice in Ireland
Brigid McKeever	An examination of prisoners' health needs and the extent to which health services and initiatives meet their needs in the Irish prison setting
Maura Burke	The experience of community - based nurses: occupational stress through the use of the critical incident technique
Brigid Droney	Personal journeys in recovery for mental health
Adrian Connell	Perceptions of positive mental health and what influences it among professional adult workers
Laura Cunningham	The experience of training for healthcare assistants working in residential care settings for old people in county Galway
Jennifer Eighan	Health promotion and the midwife: attitudes and relevant practices of hospital based midwives in the midland region of Ireland
Concepta Egan	Food labeling among Irish consumers: interpretations and use of food labeling systems. secondary data analysis of the food labeling research study
Katherine Ann Fox	Use of the internet for health information: a study of primary care service users in the west of Ireland
Caitriona Jones	Prevalence, patterns and risk perceptions of smoking in a sample of university students in Ireland
Grace Kinahan	Women's perceptions of the impact of antenatal classes immediately after giving birth
Tuuli-Maaria Kuosmanen	The framing of overweight and obesity in Irish newspapers
Eoghan Michael Joseph McDermott	Humanitarian disaster planning and management from a health promotion perspective
Sara McDermott	Wellness through a lens: a study on the well-being of lesbian, gay, bisexual, and transgender young people using photovoice
Naomh McMahan	Health promotion knowledge, attitudes and practice of chartered physiotherapists in Ireland: a national survey
Caroline Mahon	Knowledge, practices and barriers to healthy eating among older rural single men
Shauna Maria Killeen	Perceptions of health in the context of a screening programme among a sample of homeless people in the west of Ireland

g. Research Contribution to the Community

Through their membership of management, committee and editorial boards, the HPRC staff actively contribute to the development of national and international health promotion research, practice and policy. Staff positions on these boards are listed below.

International

- Clifford Beers International Centre for Mental Health Promotion (Board Member)
- European Vaccine Initiative (Board member)
- Executive Agency for Health and Consumers, European Commission, 2011-2012 (External Evaluator)
- International Coordinating Committee of the WHO-HBSC study (Member)
- International Steering Group for the WHO Collaborating Centre for Mental Health Promotion, Prevention and Policy at STAKES, Finland (2007-present) (Member)
- International Union for Health Promotion and Education 2010-2016 (Elected Member of the Global Board of Trustees)
- Advisory Group for the EU DETERMINE project on addressing health inequities. (Member)
- Methodology Development Groups of the WHO-HBSC study (Member)
- Partnership for Children, 2011- present (Trustee Board Member)
- Policy Development Groups of the WHO-HBSC study (Member)
- Protocol preparation Groups of the WHO-HBSC study (Member)
- School of Public Health (EHESP) and the National Institute for Prevention and Health Education (INPES) France, Health Promotion Chair, Scientific Committee 2011- present (Member)
- Scientific Committee of the IUHPE 9th European Health Promotion Conference in Tallinn, September 2012 (Member)
- Scientific Council for the Ludwig Boltzman Institute for Health Promotion Research, Vienna (2008-present) (Member)
- Scientific Development Groups of the WHO-HBSC study (Member)
- Scientific Development Groups of the WHO-HBSC study (Member)
- Violence and Injury Prevention work group of the WHO-HBSC study (Chair)
- WHO Mainstreaming Health Promotion Project: Rapid Review of the Evidence Base for Health Promotion Actions (Member).

National/Regional

- Board of Directors of Enable Ireland (Member)
- Board of Directors, AIDS West (Member)
- Board of Directors, Centre for Support and Training in Analysis and Research (Member)
- Board of Health Promoting Hospitals, University College Hospital, Galway (Member)
- Child Health Research Forum (Member)
- Expert Advisory Committee of the Tallaght Child Development Initiative (Member)
- Expert Research and Evaluation Committee of the Youth Mental Health Initiative Headstrong (Member)
- Faculty of Public Health Medicine, Royal College of Physicians (Board member)
- Galway Healthy Cities Forum (Member)
- Inspire Ireland CRC National Advisory Group, 2012-2015 (Member).
- Nursing Home Ireland (NHI) Care Planning Advisory Group (Member)
- Research and Evaluation Panel of the See Change Programme – the National Mental Health Stigma Reduction Partnership (Member)
- Research Development Advisory Group of the Office of the Minister for Children and Youth Affairs (Member)
- Scientific and Policy Advisory Committee of the National Longitudinal Study of Children in Ireland (Member)
- Steering Committee for the Development of a Data Strategy for Children in Ireland (Member).

Editorial Boards

- Advances in School Mental Health Promotion
- Applied Social Studies
- International Journal of Mental Health Promotion
- Journal of Public Mental Health
- Open Epidemiology Journal
- Proceedings of the Nutrition Society
- Youth Studies Ireland.

External Examining/Reviewing

- Global Health Promotion (External Peer Reviewer)
- Health Policy and Planning (External Peer Reviewer)
- Health Policy and Planning (External Peer Reviewer)
- International Journal of Mental Health Promotion (External Peer Reviewer)
- International Journal of Public Health (External Peer Reviewer)

- Special Issue of the American Journal of Public Health (External Peer Reviewer)
- The Netherlands Organization for Health Research and Development (ZonMw) (Review of Grant Proposals).

g. Visiting Scholars and Students

The HPRC welcomes visiting scholars and students of health promotion and cognate disciplines. During 2011 we hosted the following international visitors:

- Dr. Narcis Gusi, Head of Fitness and Quality of Life Laboratory, Faculty of Sport Sciences, University of Extremadura, 10003 Caceres, Spain (28 Feb to 6 March)
- Ms. Ailbhe Spillane, BSc. Student in Health Promotion and Public Health, University College Cork (April to June)
- Mr. Pongthep Prasopchokechai, Manager of International Information in Health Promotion and Well-being at the Thai Health Promotion Foundation (ThaiHealth) (October)
- Dr. Marianne Sentenac, Inserm 558, Universite Paul Sabbatier, Toulouse, France. (July, September-November).

iv. Research Activities



Research Areas

Research projects within the Health Promotion Research Centre are presented in three broad areas based on staff expertise and areas of interest and are formed around key health promotion settings, topics and population groups.

a. Primary Research on Health Promotion

The primary research cluster involves the design, collection and analysis of original empirical data intended to address key research questions in Health Promotion

b. Synthesis and Review of Research to Inform Health Promotion Policy and Practice

This area of research focuses on the collection and critical analysis of existing data and documents, with the explicit intention to contribute to evidence based policy and practice in Health Promotion.

c. Evaluation of Interventions to Promote Health and Wellbeing

The Centre has conducted a range of studies under the broad area of evaluation, all of which examine the development and provision of specific interventions to promote Health and Wellbeing.

a. Primary Research on Health Promotion

- HEALTH BEHAVIOUR IN SCHOOL-AGED CHILDREN (HBSC): A WORLD HEALTH ORGANISATION CROSS-NATIONAL STUDY
- IMMIGRATION AND HEALTH
- INJURY AND VIOLENCE PREVENTION
- IUHPE SCOPING STUDY ON HEALTH PROMOTION WORKFORCE CAPACITY AND EDUCATION AND TRAINING NEEDS
- PARTICIPATORY RESEARCH PROCESSES

HEALTH BEHAVIOUR IN SCHOOL-AGED CHILDREN (HBSC): A WORLD HEALTH ORGANISATION CROSS-NATIONAL STUDY

Principal Investigator: Dr Saoirse Nic Gabhainn
Researchers: Dr Colette Kelly, Dr Michal Molcho, Ms Natasha Clarke, Ms Aoife Gavin, Dr Amanda Fitzgerald, Ms Mary Callaghan and Ms Lorraine Walker
Funder: Department of Health

Background

Health Behaviour in School-aged Children (HBSC) is a cross-national research study conducted in collaboration with the WHO Regional Office for Europe. The HBSC international survey runs on an academic 4 year cycle and in 2009/10 there were 43 participating countries and regions (www.hbsc.org). Cross-nationally, HBSC collects information on the key indicators of health, health attitudes and health behaviours, as well as the context of health for young people aged 11, 13 and 15 years.

Research Aims:

The overall study aims to gain new insight into, and increase our understanding of young people's health and wellbeing, health behaviours and their social context. The overarching aim is to contribute to the scientific literature and inform policy and practice that affects children and young people's lives. In Ireland, children from the age of 9-17 years are included to obtain a more coherent understanding of health behaviours and their contexts from middle through to late childhood and adolescence. In 2010 information on sexual health behaviours were collected for the first time from those aged 15 years or older to establish baseline data on sexual health among young people in Ireland.

Methods

HBSC is a school-based survey with data collected through self-completion questionnaires administered by teachers in the classroom. The HBSC survey instrument is a standard questionnaire developed by the international research network. Younger children received a shorter questionnaire. A nationally representative sample of primary and post-primary schools from the Republic of Ireland was selected. Individual schools were randomly selected and subsequently, class groups within schools were randomly selected for participation.

Results

A response rate of 67% including 256 schools and 16,060 students was obtained. The first national report from the 2010 Irish HBSC survey will be launched in the Spring of 2012. The international HBSC report, which includes data from 11, 13 and 15 year olds, will be launched in the Summer of 2012.

Dissemination

Doyle, P., Kelly, C., Cummins, G., Sixsmith, J., O'Higgins, S., Molcho, M. & Nic Gabhainn, S. (2010). *Health behavior in school-aged children: what do children want to know?* Dublin: Department of Health and Children.

de Róiste, A., Kelly, C., Molcho, M., Gavin, A. & Nic Gabhainn, S. (2012). Is school participation good for children? Associations with health and wellbeing. *Health Education*, 112(2), 88-104.

Sentenac, M., Gavin, A., Arnaud, C., Molcho, M., Godeau, E. & Nic Gabhainn, S. (2011). Victims of bullying among students with a disability or chronic illness and their peers: a cross-national study between Ireland and France. *Journal of Adolescent Health*, 48(5), 461-466.

IMMIGRATION AND HEALTH

Principal Investigator: Dr Michal Molcho
Researchers: Dr Colette Kelly and Dr Saoirse Nic Gabhainn

Background

Immigration is a world-wide phenomenon, involving many millions of people and most countries. In 2006, an estimated 3.5 million people settled as new residents in the 27 EU countries, with the largest increase in immigration evident in Spain and Ireland. In Ireland in 2006, 15% of the population were foreign-born. Yet, there is a paucity of research in this area in Ireland. The national profile of immigrants in Ireland reveals that about half of the non-Irish Nationals are from the UK and the rest are from countries in Central and Eastern Europe, the Americas, Asia and Africa. It is estimated that many of the immigrants originating from the UK are returning emigrants. Of the child population, 6.1% are non-Irish nationals.

Research Aims

This research area aims to explore the health and wellbeing of child immigrants in Ireland. We are exploring the differences in health of immigrants compared to their native peers; differences between first and second generation immigrants and differences between immigrant children in the UK and those not from the UK.

Methods

Using the HBSC data, children who reported that they were born outside of Ireland and children whose parents were born outside of Ireland are defined as immigrants. This group was matched with native children. Matching was by gender, age, socio-economic status and by geographic location.

Progress to Date

Findings to date suggest the immigrant children are similar to their native peers in relation to their health and wellbeing, however, immigrant children reported lower levels of life satisfaction and were more likely to experience social exclusion. Differences were found between UK and non-UK child immigrants. However, international analysis revealed that there are no clear cross-national patterns in the health and behaviour of child immigrants. International work on this area has commenced and will continue in the coming years.

Dissemination

Molcho M., Kelly C. & Nic Gabhainn S. (2011). Immigrant children in Ireland: health and social wellbeing of first and second generation immigrants. In: M. Dermoy, N. Tyrrell, S. Song, *The changing faces of Ireland*. Rotterdam: Sense Publishers. Pp. 183-202.

INJURY AND VIOLENCE PREVENTION

Principal Investigator: Dr Michal Molcho

Background

Injuries are the leading cause of death and disability among young people and one of the leading causes of death across all age groups. Globally, more than 5 million people die as a result of injuries every year. It is estimated that for every death, injuries send 30 people to hospital, 300 others to emergency departments for outpatient treatment, and many more are treated for injury in the community. The magnitude of this public health problem led the WHO and the EU Council to declare violence and injury prevention as a key area for action. Overall in Ireland, injuries are the fourth leading cause of death and the first leading cause of death in young people with an estimated 1,500 deaths in Ireland. Yet, to date, there is a lack of concentrated national efforts that are multi-disciplinary in nature. Despite the clear recommendation of the EU Council and the WHO, Ireland still lacks research in the area, and policies, although in existence, are not being evaluated for their implementation and their effectiveness.

Research Aims

The main aims of this activity are to increase knowledge around injury prevention and awareness of the importance of injury prevention and safety promotion.

Methods

While to date there are gaps in surveillance data on injury, this activity aims to utilise existing sources of data. These include administrative data including mortality data and HIPE data, as well as data collected on injuries in the population including HBSC and SLAN data. The nature of the work allows for collaboration with other national partners in the HSE and in various hospitals to assist and make the most of data that has been collected, as well as international partners including WHO and UNICEF.

Progress to Date

As this is an ongoing project that is unrelated to funding, it yields various collaborations and publications as well as other types of activities. During 2011, the PI was appointed as a consultant for WHO European Region programme for Violence and Injury Prevention, and is leading on an international report on inequalities in injury mortality. The PI has also initiated collaboration with HEP-Europe and Eurosafe looking at physical activity promotion and injury prevention.

Dissemination

Molcho, M. and Pickett, W. (2011). Some thoughts about; 'acceptable' and 'non-acceptable' childhood injuries. *Injury Prevention*, 17, 147-148.

Harel-Fisch Y., Walsh SD., Fogel-Grinvald H., Amitai G., Pickett W., Molcho M., Due P., Gaspar de Matos M., Craig W. & members of the HBSC Violence and Injury Prevention Focus Group. (2011). Negative school perceptions and involvement in school bullying: A universal relationship across 40 countries. *Journal of Adolescence*, 34(4) 639-52.

Molcho, M., Sethi, D., Mitis, F., Rakovac, I. and Loyola, E. (2011). Socio-economic determinants of injuries in the European Region. *3rd European Conference on Injury Prevention and Safety Promotion*, 16-17 June, 2011 Budapest/Gödöllo (Keynote Address).

IUHPE SCOPING STUDY ON HEALTH PROMOTION WORKFORCE CAPACITY and EDUCATION AND TRAINING NEEDS

Principal Investigator: Professor Margaret Barry
Researcher: Ms Barbara Battel-Kirk
Funders: International Union for Health Promotion and Education (IUHPE)

Background and Research Aims

Developing health promotion workforce capacity is key to delivering on the vision, values and commitments of global health promotion. The Galway Consensus Conference began the process of promoting international exchange and understanding concerning workforce capacity development across countries and continents. An international consensus meeting, jointly organised by the International Union for Health Promotion and Education (IUHPE), the Society for Public Health Education (SOPHE) and the US Centers for Disease Prevention and Control (CDC), with participation from international leaders in the field, took place at the National University of Ireland Galway, in June 2008. In 2009 the Galway Consensus Statement, along with eight commissioned background papers and five sets of comments and commentaries from the field, was published in tandem issues of the IUHPE journal, *Global Health Promotion* (Vol. 16, No. 2, June, 2009) and SOPHE's journal *Health Education & Behavior* (Vol. 36, No.3, June 2009). Following publication of the Galway Conference Consensus Statement, a global consultation process was undertaken in collaboration with the IUHPE Regional Vice Presidents. Feedback was received from global experts in health promotion from over 187 individuals and organizations worldwide. In 2010-11 a further consultation process was undertaken on health promotion workforce development in countries with identified capacity needs.

Methods

The scoping study on Health Promotion Workforce Capacity and Education and Training Needs was developed in collaboration with members of the IUHPE Global Board of Trustees and staff of the IUHPE Head Office in Paris. Health Promotion experts from across the IUHPE Regions contributed to both the online survey and to identifying the sample base for respondents. Responses were received from Health Promotion experts in 33 countries and the findings provide a 'snap shot' of the current capacity for Health Promotion and the training and education needed to maintain and further build that capacity in low and middle income countries across the IUHPE regions. The scoping study highlighted a number of key areas for action including:

- the need for a dedicated health promotion workforce with specialised training
- continuing professional development opportunities and basic courses in health promotion for health workers delivered locally
- sustainable funding for capacity building
- improved understanding of the concept and practice of health promotion at government and policy level
- building on the existing commitment and leadership of the current workforce
- establishment of national and regional level training and education networks providing criteria, including core competencies and standards, to guide the development of local education and training.

The opinions of the respondents on the roles which international organizations such as the IUHPE can play to support capacity development, provide a useful basis for future IUHPE strategies.

Dissemination

Battel-Kirk, B. & Barry, M.M. (2011) *Scoping study of health promotion workforce capacity and education and training needs in low and middle income countries*. Paris: International Union of Health Promotion and Education (IUHPE).

PARTICIPATORY RESEARCH PROCESSES (PRP)

Principal Investigators: Dr Saoirse Nic Gabhainn and Dr Jane Sixsmith
Researchers: Dr Colette Kelly, Dr Siobhan O'Higgins, Ms Natasha Clarke, Ms Aoife Gavin

Background

Increasingly professional practice, service provision and policy developments for health are considered collaborative processes in which participation is sought from those likely to be effected by any developments. Simultaneously, health promotion research continues to develop with the integration and application of the tenets of health promotion applied throughout the research process. This area of research aims to develop, apply and investigate appropriate mechanisms and approaches to the participation of research participants in all aspects of the research process.

Research Aims

To explore and develop participation throughout the research process.

Methods

We have been working on the development of a range of research protocols that are designed to facilitate active engagement of participants, not just in data generation, but also in setting the research agenda, data analysis and data interpretation. The developed Participatory Research Processes (PRP) includes a three-stage approach to data generation, collation and analysis, and has generally been applied with groups of participants. In different applications of this approach the data generated have been both visual and written. The approach explicitly concerns power within the research cycle and the requirement for research to be both empowering and health promoting in the widest sense. We have explored some of these ideas through application in a number of studies.

Progress to Date

Recent work in this area included an investigation of children's views on promoting active transport to school (Clarke *et al.*), children's views on what participation in school life means (John-Akinola *et al.*), children's views of survey data and project dissemination (Clarke *et al.*) and children's and teacher's work on developing sexual health promotion materials for use in post-primary schools (O'Higgins *et al.*).

Dissemination

Clarke, N., Kelly, C., Molcho, M., Sixsmith, J., Byrne, M. & Nic Gabhainn, S. (2011). Investigating promoters and barriers of active travel in primary school children: a mixed methods approach. Presented to the *Psychology, Health and Medicine 8th Annual Conference*, Galway, April 2011.

Clarke, N., Kelly, C., Molcho, M. & Nic Gabhainn, S. (2011) Health Behaviour in School-aged Children (HBSC): what do children want? Paper presented to the *Annual Scientific Meeting of the Health Behaviour in School-aged Children Network*, Cluj-Napoca, Romania, June 2011.

John-Akinola, Y., Gavin, A. & Nic Gabhainn, S. (2011). Taking part in school life: views of children. Presented to the *15th Annual Health Promotion Conference, Mainstreaming Health Promotion: Promoting health across sectors*, Galway, June 2011.

O'Higgins, S. & Nic Gabhainn, S. (2011). Irish relationships and sexuality education teachers' reactions to post-primary schools students' ideas for effective sex education. Presented at the *20th World Congress for Sexual Health*, Glasgow, June 2011. (see also the *Journal of Sexual Medicine*, 8 (suppl. 3).

Clarke, N., Kelly, C., Gavin, A., Molcho, M. & Nic Gabhainn, S. (2011). Process of dissemination to key stakeholders: Health Behaviour in School-aged Children (HBSC) Survey. Presented to the *15th Annual Health Promotion Conference, Mainstreaming Health Promotion: Promoting health across sectors*, Galway, June 2011.

b. Synthesis and Review of Research to Inform Health Promotion Policy and Practice

- CompHP: DEVELOPING COMPETENCIES AND PROFESSIONAL STANDARDS FOR HEALTH PROMOTION CAPACITY BUILDING IN EUROPE (2009-12)
- CONNECTING HEALTH RESEARCH IN AFRICA AND IRELAND CONSORTIUM (CHRAIC)
- CREATING A COMMON FOUNDATION IN SOCIAL CARE
- HEALTHY EATING AND PHYSICAL ACTIVITY IN SCHOOLS
- IRISH YOUTH HEALTH PROMOTION BIBLIOGRAPHY
- MAINSTREAMING HEALTH PROMOTION: RAPID REVIEW OF THE EVIDENCE ON THE EFFECTIVENESS OF MENTAL HEALTH PROMOTION INTERVENTIONS
- TRANSLATING HEALTH COMMUNICATION

CompHP: DEVELOPING COMPETENCIES AND PROFESSIONAL STANDARDS FOR HEALTH PROMOTION CAPACITY BUILDING IN EUROPE (2009-2012)

Principal Investigators: Professor Margaret Barry and European partners
Researchers: Ms Colette Dempsey
Project Manager: Ms Barbara Battel-Kirk
Funder: Executive Agency for Health and Consumers

Background

The CompHP Project aims to develop a Europe-wide competency framework and system of professional standards for health promotion practice, education and training. This framework will form the basis for building a competent and effective health promotion workforce in Europe.

Research Aims

- To identify, agree and publish core competencies for health promotion practice, education and training in Europe
- To develop and publish competency-based professional standards for health promotion practice
- To promote quality assurance through the development of a Europe-wide accreditation system
- To map competencies and standards in academic courses across Europe and link to accreditation for academic settings
- To pilot competencies, standards and accreditation with practitioners in a range of settings across Europe
- To engage in consultation with key stakeholders and disseminate information on the project outcomes throughout the 27 member states and all candidate countries.

Methods

The CompHP Project is developed in collaboration with the 24 project partners across Europe and uses a consensus-building approach to establish means and methods by which quality governance standards in Health Promotion can be implemented across Europe to stimulate innovation and best practice.

Progress to Date

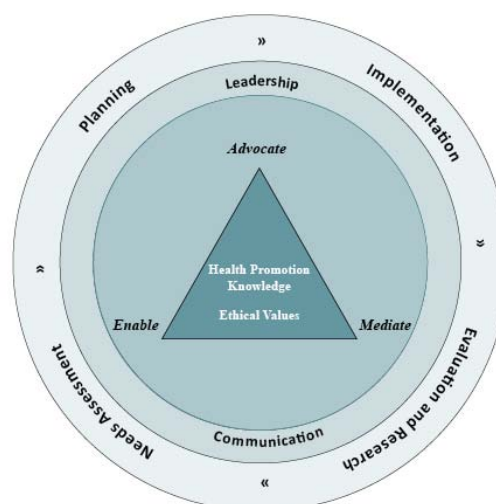
Based on an extensive consultation with health promotion experts across Europe, employing Delphi technique, focus groups and online consultations, the CompHP Core Competencies Framework for Health Promotion Handbook was published in February 2011. The development of Professional Standards and a pan-European Accreditation Framework is in progress, together with the testing of their application in academic and practice settings in Europe.

Dissemination

Dempsey, C., Battel-Kirk, B. & Barry, M.M. (2011). *The CompHP core competencies framework for health promotion handbook*. Paris: International Union for Health Promotion and Education (IUHPE).

Further project details at: <http://www.iuhpe.org/index.html?page=614&lang=en>

Figure 1: Illustration of CompHP Competencies Framework



CONNECTING HEALTH RESEARCH IN AFRICA AND IRELAND CONSORTIUM (ChRAIC)

Principal Investigators: Professor Ruairi Brugha (RCSI), Dr Diarmuid O'Donovan (NUI Galway), Dr Steve Thomas (Trinity College Dublin)
Researcher: Dr Khalifa Elmusharaf (NUI Galway based PhD student)
Funder: Programme of Strategic Cooperation, Higher Education Authority and Irish Aid

Background

Researchers from three Irish institutions, six African countries and one non-governmental organisation (NGO) comprise a long-term partnership for capacity building for pro-poor health research in Africa.

Partners:

- Irish researchers are from the Royal College of Surgeons in Ireland (RCSI), Trinity College Dublin (TCD), the National University of Ireland Galway (NUI, Galway)
- African researchers are from Lesotho, Malawi, Mozambique, Sierra Leone, Sudan and Uganda
- The Council for Health Research for Development (www.cohred.org), which has unique expertise in research capacity building, and the Alliance for Health Policy and Systems Research (www.alliance-hpsr.org), which focuses on research prioritisation and research into policy processes, are both advisers to the Programme.

Research Aims

The Programme aims to summarise existing research and knowledge gaps on specific components of health systems' capacity to deliver interventions for the Health and HIV/AIDS Millennium Development Goals (MDGs); establish a doctoral training programme; assess and strengthen African HEIs' research capacity; conduct Irish Aid-relevant research; and strengthen research into policy links.

Progress to Date

International workshops have been held in Dublin, Kampla and Montreux bringing together researchers and/or senior academics from the African partners along with senior representatives of COHRED and the Alliance for Health Policy and Systems Research to discuss the country level knowledge synthesis of governance, human resources, equity and access of their specific country's health system, in relation to existing knowledge, gaps and research priorities, including a review of information on progress towards the HIV and health related MDGs.

The taught course has been developed for the ChRAIC PhD programme. Five PhD studentships have been funded from the programme for the academic years 2008/2009 and 2009/2010. Existing research modules have been used, with some adaptation, from the Health Research Board PhD Scholars programme and the Masters in Global Health at TCD. Some new training modules have been designed, including the Social Determinants of Health in NUI Galway.

Dissemination

Draft reports from all countries are in preparation. The new training modules will be adapted and made available to all partners. The PhD students are progressing with data collection and analysis.

CREATING A COMMON FOUNDATION IN SOCIAL CARE

Principal Investigator: Dr Jane Sixsmith
Researchers: Ms Maureen D'Eath and Dr Martin Power
Funder: Leonardo da Vinci, European Commission

Background

There is a general lack of consistency across the EU in the provision and requirement for training and education in the area of social care. In the Irish context, training and education for social care workers is in a state of development with the implementation of the Health Professionals Act 2005, which provides the national framework for the future registration of social care workers. The project, Creating a Common Foundation for Social Care, is a partnership of 14 EU member states working to develop a transferable, entry level award in social care. The award, known as the European Care Certificate (ECC), is assessed through an unseen examination.

Research Aims:

The project is a pan European project to develop and expand the European Care Certificate as a common entry level qualification across the EU. The project aim was to increase the uptake of the ECC in the participating countries so that at the end of the project, a realistic and growing ECC network will have been established. The project had the linked objectives of placing the ECC on the participating countries' National Qualifications Framework and to get the Certificate placed, at an appropriate level, on the European Qualifications Framework (EQF) either via a country or 'directly' by the ECC Board as an EU-wide sectoral award.

Methods

Various dissemination methods were used to inform relevant stakeholders about the ECC. These stakeholders included social care service providers and educators of social care workers and they were encouraged to recommend students to take the examination. Students on the Social Care programmes in NUI Galway were offered the opportunity to sit the ECC exam.

Progress to date

The project has been completed. In total 3,500 students took the ECC exam far exceeding the project target; 160 students took the exam in Ireland with 97 students achieving the award.

The complexities of the National and European Qualification Framework made it impossible to get the ECC on these scales within the timeframe of the project.

Dissemination

The project website is at www.eccertificate.eu

HEALTHY EATING AND PHYSICAL ACTIVITY IN SCHOOLS

Principal Investigator: Dr Saoirse Nic Gabhainn with international collaborators
Researchers: Dr Colette Kelly and Katie Murphy
Funder: European Commission

Background

Currently one in four children are overweight or obese. A multilevel approach is needed to both treat and prevent obesity. Schools reach a majority of children and can contribute to the protection and promotion of children's health. Across EU member states there are many initiatives aimed at reducing the number of children who are overweight. However, currently no EU member state has an effective national school policy in operation. The Healthy Eating and Physical Activity (HEPS) project aims to bridge this gap by helping EU countries initiate and support the development of national school policies on healthy eating and physical activity in their countries. The HEPS Project is connected with the Schools for Health in Europe Network (www.she.eu) and supports the SHE National Coordinators in policy and programme development for healthy eating and physical activity. The HEPS project is coordinated by NIGZ in the Netherlands.

Research Aims

To develop, implement and evaluate effective policy and sustainable practices on healthy eating and physical activity in schools; and to support the development and implementation of comprehensive, sustainable and evidence-based school programmes in EU member states for promoting healthy eating and physical activity based on the health promoting school approach.

Methods

This is a piece of co-ordinated action research which involves the development of the HEPS Schoolkit. The Schoolkit aims to increase awareness of the health promoting school approach and developing a whole school policy on healthy eating and physical activity. The Schoolkit has been developed together with the SHE National Coordinators and professionals from the education sector. The HEPS Schoolkit consists of Guidelines for preventing overweight in schools; an Inventory tool, an Advocacy guide; Teacher Training resources and an Implementation tool for schools. In each member state the HEPS Schoolkit has been introduced alongside teacher training activities. An investigation of the level of implementation of the HEPS Schoolkit in member states and an evaluation of the project has also been undertaken.

Progress to Date

The HEPS Schoolkit is available for download at www.hepseurope.eu. A report on the implementation of the HEPS Schoolkit and an evaluation of the project itself is also available.

Key publications and reports

Kelly, C., Murphy, M. & Nic Gabhainn, S. (2011). HEPS Factsheet 3 on the HEPS training resource and HEPS schoolkit implementation survey. <http://www.hepseurope.eu/index.cfm?act=tekst.tekst&tid=16>.

Simosvka, V., Woynarowska, B., Samdal, O., Smith, R. & Buijs, G. (2011). Implementation of the HEPS schoolkit: initial steps. Report from the survey carried out among SHE national coordinators.

IRISH YOUTH HEALTH PROMOTION BIBLIOGRAPHY

Principal Investigator: Dr Saoirse Nic Gabhainn
Researchers: Dr Colette Kelly and Ms Natasha Clarke
Funder: National Youth Council of Ireland

Background

The National Youth Council of Ireland (NYCI) is the representative body for voluntary youth work organisations in Ireland. It represents and supports voluntary youth organisations and uses its collective experience to act on issues that impact young people. The National Youth Health Programme is a partnership between NYCI, the Health Service Executive and the Office of the Minister for Children and Youth Affairs which has sought to develop the capacity of the sector and organisations to advocate on issues that affect young people and develop evidenced based resources and training.

The Health Promotion Research Centre was commissioned to produce a comprehensive and definitive bibliography of published and unpublished studies, post-graduate theses, and other research studies related to youth health promotion in the youth work sector in Ireland. This bibliography will act as a foundation for an in-depth evaluation of Irish research on youth health promotion and will assist in identifying the gaps in policy and practice, planning future projects and reducing duplication of research.

Research Aim

The four main objectives are;

- To identify and procure each available report of research on youth health promotion in the youth work sector in Ireland
- To document the status of each piece of research in terms of its public accessibility, length and subject matter
- To develop an accessible dissemination format for the bibliography that is searchable and that can be updated regularly
- To review the literature and identify gaps in Irish research on youth health promotion in the youth work sector.

Methods

The NYCI contacted all member organisations to submit research studies in the area of youth health promotion in the youth work sector. An electronic database and relevant website search was also conducted. Relevant organisations and people involved with, or interested in, youth health promotion in the Irish youth work sector were contacted via email requesting submission of work that met the inclusion criteria. Documents were only included in the bibliography if they met the inclusion criteria set out by the NYCI.

Progress to Date

This project was completed in 2011.

Dissemination

Clarke, N., Kelly, C., Murphy, K. & Nic Gabhainn, S. (2011). *Documenting health promotion in Irish youth work: current status and recommendations*. Dublin: National Youth Health Programme.

http://www.youthhealth.ie/sites/youthhealth.ie/files/NYCI_Biblio_Report.pdf

Clarke, N., Kelly, C., Murphy, K. and Nic Gabhainn, S. (2011). *Bibliography of health promotion in Irish youth work*. Dublin: National Youth Health Programme.

<http://www.youthhealth.ie/biblio>

MAINSTREAMING HEALTH PROMOTION: RAPID REVIEW OF THE EVIDENCE ON THE EFFECTIVENESS OF MENTAL HEALTH PROMOTION INTERVENTIONS

Principal Investigator: Professor Margaret Barry
Researcher: Ms Aleisha Clarke
Funder: World Health Organization, Geneva

Background

In 2010, the World Health Organization established a Task Force to develop a package of evidence-based, outcome oriented health promotion actions with a focus on low and middle income countries (LMICs). The Health Promotion Research Centre was commissioned to review the evidence in relation to mental health promotion. A systematic review was undertaken of evidence from the 153 countries classified as low and middle income according to the World Bank criteria. The evidence was categorized under four key action areas: interventions targeting individuals, communities, the health sector and intersectoral actions.

Research Aims

The aims of this review are to:

- identify evidence of effective mental health promotion interventions that have been implemented in LMICs
- identify the outcomes from effective interventions in terms of mental health and broader health and social benefits
- draw conclusions about which interventions are most likely to be effective in LAMIC settings
- identify gaps in the existing evidence and highlight areas for further research.

Methods

Based on a protocol drawn up for reviewing the evidence (Barry, Clarke and Jenkins, 2010), academic and health review databases were searched to identify the evidence from 2000 onwards in relation to interventions that are designed to promote positive mental health among the general population in LAMIC settings. The range of evidence included studies based on randomized controlled trials, cluster randomized controlled trial and quasi-experimental study designs.

Results

A total of 46 studies employing RCTs or quasi-experimental designs were identified. Of these studies, 38 studies evaluating 35 separate interventions were reviewed and underwent quality assessment. The findings indicate that effective mental health promotion interventions that lead to improvements in mental health and wider health and social gains can be effectively implemented in LAMIC settings. There is robust evidence that interventions promoting child and maternal health can benefit children's development, maternal and child psychosocial functioning and parenting practices. School based mental health promotion interventions also provide evidence in terms of their impact of students' social, emotional and behavioural wellbeing. There are promising findings concerning the effectiveness of preschool interventions and community based interventions that address multiple factors including emotional health, sexual health, substance misuse, and violence prevention. The potential of inter-sectoral actions such as combined microfinance and lifeskills training interventions in LMICs deserve further investigation and support. Evidence for the scaling up and sustainability of these interventions when integrated into routine settings in LMICs needs to be strengthened.

Dissemination

Barry, M.M., Clarke A.M., Jenkins, R. & Patel., V. (2011). *Rapid review of the evidence on the effectiveness of mental health promotion interventions in low and middle income countries*. Technical Report prepared for the World Health Organization, Geneva

TRANSLATING HEALTH COMMUNICATION

Principal Investigator: Professor Margaret Barry and Dr Jane Sixsmith
Researchers: Ms Priscilla Doyle, Ms Maureen D'Eath, Dr Samir Mahmood, Ms Maeve O'Sullivan, Ms Kathy Fox and Dr Jenifer Infanti.

Background

This project establishes a programme of research for the dissemination of evidence-based health communication activities in the EU and EEA/EFTA. The scoping of health communication activities, and the identification of the evidence base for such activity, is needed to address the increasing complexity of the existing and emerging public health threats posed by communicable disease. This project comprises a multi-disciplinary Consortium of European researchers from health promotion, social marketing and preventive medicine under the leadership of the Health Promotion Research Centre.

Research Aims

The project aim is to support the optimal use and development of health communication activities in EU and EEA/EFTA States in the promotion of health, focusing on the control and prevention of communicable disease.

Methods

Information gathering: An e-survey and telephone interviews with key stakeholders in each of the 30 EU/EEA/EFTA countries was undertaken to identify and map health communication activities. A group interview identified the perceived priorities of national public health bodies across the EU.

Synthesis of current evidence: The series of reviews fall into three categories: 1) literature reviews; 2) systematic literature reviews; 3) rapid reviews of evidence.

Progress to date

Information gathering: All three methods of data collection have been undertaken, with representation. These data have been analysed and are presented in an aggregated report. The results from the expert consultation are also presented in a separate report. Work has been completed in each of the following areas:

Literature reviews

- a) Health information seeking behaviour on the web: a health consumer and health professional perspective, b) Trust and reputation management in communicable disease public health.

Systematic literature reviews

- a) Review of the Evidence for Effective National Immunisation Schedule Promotional Communications, b) Review to examine the Evidence for the Effectiveness of Interventions that use Theories and Models of Behaviour Change: towards the Prevention and Control of Communicable Diseases.

Rapid evidence reviews

- a) Interventions for Improving Health Literacy, b) Health Advocacy for Communicable Diseases, c) Social Marketing for the Prevention and Control of Communicable Disease.

Dissemination

Higgins, O., Sixsmith, J., Barry, M.M. & Domegan, C. (2011). *A literature review on health information seeking behaviour on the web: a health consumer and health professional perspective*. Stockholm: ECDC.

Cairns, G., MacDonald, L. & Andrade Marisa de, Angus, K. (2011). *A literature review of trust and reputation management in communicable disease public health*. Stockholm: ECDC.

D'Eath M., Barry M.M. & Sixsmith J. (2011). *A rapid evidence review of interventions for improving health literacy*. Stockholm: ECDC.

c. Evaluation of Interventions to Promote Health and Wellbeing

- BRIDING THE DIGITAL DISCONNECT – USING TECHNOLOGY TO SUPPORT YOUNG PEOPLE’S MENTAL HEALTH NEEDS
- EVALUATION OF ‘ZIPPY’S FRIENDS’, AN EMOTIONAL WELLBEING PROGRAMME FOR CHILDREN IN PRIMARY SCHOOLS
- TRIPLE P PROGRAMME POPULATION SURVEY

BRIDGING THE DIGITAL DISCONNECT – USING TECHNOLOGY TO SUPPORT YOUNG PEOPLE’S MENTAL HEALTH NEEDS

Principal Investigator: Professor Margaret Barry
Researcher: Dr Aleisha Clarke, Ms Tuuli Kuosmanen
Funder: Inspire Foundation Ireland and Inspire Foundation Australia

Background

In 2011, the Australian Federal Government allocated \$27 million (over five years) to fund the Young and Well Cooperative Research Centre for Young People, Technology and Wellbeing (YAW-CRC). The research programme developed by YAW-CRC develops an international framework that explores online technology, the role it plays in the lives of young people, and how its potential can be harnessed to address young people’s mental health and wellbeing. Inspire Ireland in collaboration with the Health Promotion Research Centre are undertaking one of the research projects in this programme of research – “*Bridging the Digital Disconnect*”. This project aims to assess and address the digital disconnect between young people and adult gatekeepers in order to develop effective technology-based mental health supports.

Research Aims

This three year research project aims to develop tailored online resources and training programmes for adult gatekeepers who are best placed to support youth mental health, including parents, teachers, youth workers, general practitioners and mental health professionals. The objectives of the research are:

- to examine gatekeepers’ understanding of, and attitudes to, youth mental health
- determine the needs of gatekeepers in using technology to support young people
- develop and test an online training programme for gatekeepers covering ‘young people, technology and mental health’
- tailor specific versions of the training programme according to the needs of parents, youth workers, teachers, GPs and mental health professionals.

Methods

The research will commence with a systematic review of the current evidence on the effectiveness of online mental health promotion and prevention interventions that are designed for young people. This review will provide a narrative synthesis on the types of youth online interventions and adult training programmes that are available, their effectiveness, the quality of the evidence and gaps in the evidence base. Following this, a needs assessment will be carried out with key stakeholders (parents, youth workers, teachers, GPs and mental health professionals). In the first year an in depth study of the attitudes, understanding and needs of parents of young people will be undertaken. The information from the first three phases of the project will be used to develop the training resource, which will be tailored specifically for different adult gatekeeper groups. An evaluation of this resource will be carried out in 2013.

Progress to Date

A written protocol for reviewing the international evidence has been drawn up (Clarke and Barry, 2012) and the systematic review is currently underway. Planning for the needs assessment data collection in 2012 is in progress.



EVALUATION OF 'ZIPPY'S FRIENDS', AN EMOTIONAL WELL-BEING PROGRAMME FOR CHILDREN IN PRIMARY SCHOOLS

Principal Investigator: Professor Margaret Barry
Researcher: Ms Aleisha Clarke
Funders: HSE Population Health, National Office for Suicide Prevention, Irish Research Council for Humanities and Social Sciences

Background

Zippy's Friends is an international school-based programme designed to promote the emotional wellbeing of children aged five to seven years old. In February 2008, the Zippy's Friends programme was introduced into Irish primary schools on a pilot basis as part of the Social Personal and Health Education (SPHE) curriculum.

Research Aims

The aims of the evaluation study were to:

- determine if an international evidence-based programme could be adapted and successfully implemented in the local context of disadvantaged primary schools
- assess the immediate and long term impact on the pupils' emotional and behavioural wellbeing and coping skills
- examine the process of implementation and the relationship between this process and the programme outcomes.

Methods

The study employed a cluster randomised controlled design, with data collection from teachers and pupils before, during, after and at 12 months post-implementation. A total of 766 pupils and 52 teachers from 44 designated disadvantaged schools were randomly assigned to control and intervention groups. The evaluation was comprised of a range of both structured questionnaires and qualitative methods.

Results

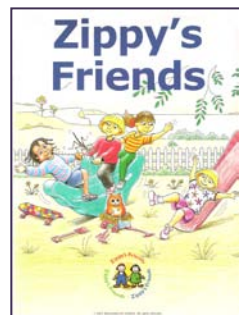
The results from this study indicate that the programme was successfully implemented in disadvantaged primary schools in Ireland and that it has a significant positive impact on the children's emotional literacy, hyperactivity and coping skills. The improvements in the intervention group's emotional literacy scores were maintained at 12 months follow up. The programme did not have an impact on the children's conduct problems and prosocial behaviour. Children in the control group, however, evidenced a reduction in their conduct problems between pre- and post-intervention. Results from the process evaluation indicate that the programme was well received by both teachers and children. Analysis of programme fidelity revealed that the intervention had a greater impact when implemented with high fidelity. The structured nature of the programme, the engaging activities and teacher training were cited as factors that facilitated programme implementation. Key recommendations regarding the roll-out and sustainability of Zippy's Friends in Ireland include the need for a whole school approach and as part of this, the need for active parental involvement with the programme.

Dissemination

Clarke, A.M. (2011). *An evaluation of Zippy's Friends, an emotional wellbeing programme for children in primary schools*. PhD Thesis. Discipline of Health Promotion, NUI Galway.

Clarke, A.M. & Barry, M.M. (2010). *An evaluation of the Zippy's Friends emotional wellbeing programme for primary school children in Ireland*. Galway: Health Promotion Research Centre, NUI Galway.

Clarke, A.M., O'Sullivan, M. & Barry, M.M. (2010). Context matters in programme implementation. *Health Education*, 110(4), 273-293.



TRIPLE P PROGRAMME POPULATION SURVEY

Principal Investigators: Dr. Lisa Pursell and Dr. Saoirse Nic Gabhainn
Researcher: Mr. Eric van Lente
Funders: Triple P Longford and Westmeath Parenting Partnership and Archways Ltd.

Background and Research Aims

This project forms part of the Triple P (Positive Parenting Programme) Longford and Westmeath Parenting Partnership programme. Triple P is a population level public health programme of parenting and family support that includes a number of levels of intervention. It has been implemented in several of countries including Australia, the US, the UK, Canada and Germany. The Triple P programme aims to prevent severe behavioural, emotional and developmental problems in children by enhancing parental confidence, knowledge and parenting skills. The current project comprises analysis of the population survey data commissioned from Millward Brown Lansdowne by the Triple P Longford and Westmeath Parenting Partnership programme currently being implemented in Ireland.

The aim of the baseline population survey is to determine the level of child behavioural and emotional problems, parental problems and parental help seeking behaviour in the community. A follow-up survey will enable examination of intervention and prevention effects of the programme.

Methods

Geographically defined intervention and control populations were sampled for the population survey. The intervention population will receive full exposure to the multi-level Triple P intervention and the control area is only partially or minimally exposed to the intervention.

The baseline survey recorded a number of demographic variables concerning the responding parent, the target child and their family setting. These included age and gender of children and parents in the household, the responding parent's employment status, education level, marital status and ethnic background. Assessment of children's behavioural and emotional problems included variables on children's strengths and difficulties. Assessment of parental awareness of health and mental health problems in children included parental awareness of physical and mental health problems for young people. Assessment of family risk factors included parental consistency and parental adjustment to parenting. Assessment of family protective factors included help-seeking behaviour, parental self-efficacy, parental social support

Progress to Date

Analysis of the baseline survey data is complete and two reports have been submitted to the Triple P Longford and Westmeath Parenting Partnership.

Dissemination

Featherstone, B., Nic Gabhainn, S., Pursell, L., Heary, C., Fives, A., Canavan, J. & Coen, L. (2011). *Triple P evaluation report: baseline population survey*. Longford/Westmeath Parenting Partnership, Child and Family Research Centre and the Health Promotion Research Centre, National University of Ireland Galway.

Canavan, J., Nic Gabhainn, S., Heary, C., Pusell, L., Fives, A., Keenaghan, C., Van Lente, E. & Callaghan, M. (2011). *Triple P evaluation interim report*. Report to the Longford/Westmeath Parenting Partnership, Child and Family Research Centre and the Health Promotion Research Centre, National University of Ireland Galway.

v. Dissemination



One of the aims of the Health Promotion Research Centre is to disseminate research activities to diverse audiences, including practitioners, funders, policymakers, researchers and the general public. To meet this aim, the HPRC hosts a range of meetings, conferences and seminars to advance multidisciplinary collaboration for health, and to further the translation of health promotion research into policy and practice. HPRC research activities and findings are also disseminated through reports, peer review publications, conference presentations and media reports. Reports and publications are available from our website at www.nuigalway.ie/hprc.

a. Publications

Journal Articles

Brugha, R., Balfe, M., Jeffares, I., Conroy, R.M., Clarke, E., Fitzgerald, M., O'Connell, E., Vaughan, D., Coleman, C., McGee, H., Gillespie, P. and O'Donovan, D. (2011). Where do young adults want opportunistic chlamydia screening services to be located? *Journal of Public Health*, 33(4), 571-8. (doi:10.1093/pubmed/fdr02).

Brugha, R., Balfe M., Conroy, R.M., Clarke, E., Fitzgerald, M., O'Connell, E., Jeffares, I., Vaughan, D., Fleming, C., O'Donovan, D. (2011). Young adults' preferred options for receiving chlamydia screening test results: a cross-sectional survey of 6085 young adults. *International Journal STD AIDS*, 22(11), 635-9.

de Looze, M.E., Pickett, W., Raaijmakers, Q., Kuntsche, E., Hublet, A., Nic Gabhainn, S., Bjarnason, T., Molcho, M., Vollebergh, W. and ter Bogt, T. (2011). Early Risk Behaviors and Adolescent Injury in 25 European and North American Countries: A Cross-National Consistent Relationship. *Journal of Early Adolescence*, 32(1), 104-125.

Fitzpatrick, P., Howell, F., O'Donovan, D., Hayes, C., Weakliam, D. and Barry, J. (2011). Manifesto for Public Health: the need for inter-sectoral efforts. *Public Affairs Ireland*, 79, 11-13.

Gobina, I., Välimaa, R., Tynjälä, J., Villberg, J., Vilerusa, A., Iannotti, R.J., Godeau, E., Nic Gabhainn, S., Andersen, A. and Holstein, B.E. (2011). Medicine use and corresponding subjective health complaints among adolescents, a cross-national survey. *Pharmacoepidemiology and Drug Safety*, 20(4), 424-431.

Godeau, E., Nic Gabhainn, S. and Zannotti, C. (2011). A profile of young people's sexual behaviour: findings from the Health Behaviour in School-aged Children survey. *Entre Nous*, 72, 24-26.

Harel-Fisch, Y, Walsh, SD, Fogel-Grinvald, H, Amitai, G, Pickett, W, Molcho, M, Due, P, Gaspar de Matos, M. and Craig, W. (2010). Negative school perceptions and involvement in school bullying: A universal relationship across 40 countries. *Journal of Adolescence*, 43(4), 1-14.

Harrington, J., Fitzgerald, A.P., Lutomski, J., Layte, R., Molcho, M. and Perry, I.J. (2011). Sociodemographic, health and lifestyle predictors of poor diets. *Public Health Nutrition*, 14(12), 2166-2175.

Hodgins, M. and McKenna, V. (2010). Social welfare, housing and health policy and the determinants of quality of life for older people in the Republic of Ireland. *Quality in Ageing*, 11(2), 19-28.

Jones, J. and Barry, M.M. (2011). Developing a scale to measure synergy in health promotion partnerships. *Global Health Promotion*, 18(2), 36-44.

Jones, J. and Barry, M.M. (2011). Developing a scale to measure trust in health promotion partnerships. *Health Promotion International*, 26(4), 484-491.

Jones, J. and Barry, M.M. (2011). Exploring the relationship between synergy and partnership functioning factors in health promotion partnerships. *Health Promotion International*, 26(4), 408-420.

Kearns, N. and Pursell, L. (2011). Time for a paradigm change? Tracing the institutionalisation of health impact assessment in the Republic of Ireland across health and environmental sectors. *Health Policy*, 99(2), 91-96.

Kuosmanen, T.M. and Sixsmith, J. (2011). The framing of overweight and obesity in Irish newspapers. *National Institute of Health Sciences Research Bulletin*, 6(2), 55.

Mc Nair, A., Moran, C., Mc Grath, E., Naqvi, S., Connolly, C., Mc Kenna, V. and Kropmans, T. (2011). How we implemented an integrated Professionalism curriculum to 2nd year medical students within the National University of Ireland Galway, with examples from the students final output. *Medical Teacher*, 33, 710-712.

McKenna, V., Connolly, C. and Hodgins, M. (2011). Usefulness of a competency based reflective portfolio for student learning on a Masters Health Promotion Programme. *Health Education Journal*, 70(2), 170-176.

McKeever, B. and McKenna, V. (2011). An examination of prisoners' health needs in the Irish prison setting. *National Institutes of Health Sciences Research Bulletin*, 6(1), 94-95.

Molcho, M. and Pickett, W. (2011). Some thoughts about 'acceptable' and 'non-acceptable' childhood injuries. *Injury Prevention*, 17, 147-148.

Power, M. and Lavelle, M-J. (2011). Qualifications of non-nursing residential care staff in the Republic of Ireland. *Quality in Ageing and Older Adults*, 12(3), 152-161.

Sentenac, M., Arnaud, C., Gavin, A., Molcho, M., Nic Gabhainn, S. and Godeau, E. (2011). Peer victimization among school-aged children with chronic conditions. *Epidemiologic Reviews* (doi: 10.1093/epirev/mxr024).

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ter Bogt, T.F.M., Mulder, J., Raaijmakers, Q.A.W. and Nic Gabhainn, S. (2011). Moved by Music: a typology of music listeners. *Psychology of Music*, 39(2), 147-163.

Van Lente, E., Barry, M.M., Molcho, M., Morgan, K., Watson, D., Harrington, J. and McGee, H. (2011) Measuring population mental health and social wellbeing. *International Journal of Public Health*. published online doi:10.1007/s00038-011-0317-x.

Books and book chapters

Hodgins, M. and Griffith, J. (2011). A whole systems approach to working in settings. In A. Scriven and M. Hodgins (eds) *Health Promotion Settings. Principles and Practice*. London: Sage.

Hodgins, M., Griffith, J. and Whiting, R. (2011). Workplace health promotion in SMEs: an example of good practice. In A. Scriven and M. Hodgins (eds) *Health Promotion Settings. Principles and Practice*. London: Sage.

Molcho, M., Kelly, C. and Nic Gabhainn, S. (2011). Immigrant children in Ireland: health and social wellbeing of first and second generation immigrants. In M. Darmody, N. Tyrrell and S. Song (eds), *The Changing Faces of Ireland: Exploring the lives of immigrant and ethnic minority children*. Rotterdam: Sense.

Scriven, A. and Hodgins, M. (eds) (2011). *Health Promotion Settings. Principles and Practice*. London: Sage.

Reports

Barry, M.M., Clarke, A.M., Jenkins, R. and Patel, V. (2011). *Rapid review of the evidence on the effectiveness of mental health promotion interventions in low and middle income countries. Mainstreaming Health Promotion: Reviewing the health promotion actions for priority public health conditions*. Geneva: World Health Organisation.

Battel-Kirk, B. and Barry, M.M. (2011). *Scoping study health promotion workforce capacity and education and training needs in low and middle income countries*. Paris: International Union of Health Promotion and Education.

Canavan, L. and Hodgins, M. (2011). *Building capacity for workplace health promotion in the Irish public sector*. Galway: Health Promotion Research Centre, National University of Ireland Galway.

Clarke, N., Kelly, C., Murphy, K. and Nic Gabhainn, S. (2011). *Documenting health promotion in Irish youth work: current status and recommendations*. Dublin: National Youth Health Programme.

Clarke, N., Kelly, C., Murphy, K. and Nic Gabhainn, S. (2011). *Documenting health promotion in Irish youth work: Bibliography*. Dublin: National Youth Health Programme.

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D'Eath, M., Barry, M.M. and Sixsmith, J. (2011). *A rapid evidence review of health advocacy for communicable disease*. Stockholm: European Centre for Disease Prevention and Control.

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Dempsey, C., Battel-Kirk, B. and Barry, M.M. (2011). *The CompHP core competencies framework for health promotion handbook*. Paris: International Union of Health Promotion and Education.

Doyle, P., Sixsmith, J. and Barry, M.M. (2011). *Perceived priorities of key public health stakeholders in Europe on the use of health communication for the prevention and control of communicable diseases*. Stockholm: European Centre of Disease Control.

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Doyle, P., Sixsmith, J., Barry, M.M., Mahmood, S., MacDonald, L., Orovioigoichoechea, C., Cairns, G., Guillen-Grima, F. and Nunez-Cordoba, J. (2011). *Public health stakeholders perceived status of health communication activities for the prevention and control of communicable diseases across the EU and EEA/EFTA countries*. Stockholm: European Centre for Disease Control.

Featherstone, B., Nic Gabhainn, S., Pursell, L., Caroline Heary, C., Fives, A., Canavan, J. and Coen, L. (2011). *Triple P evaluation report: baseline population survey*. Galway: Child and Family Research Centre and the Health Promotion Research Centre, National University of Ireland Galway.

Gavin, A., Kelly, C., Nic Gabhainn, S. and O'Callaghan, E. (2011). *Key issues for consideration in the development of a data strategy: a review of the literature*. Dublin: Department of Children and Youth Affairs.

Godeau, E. and Nic Gabhainn, S. (2011). Sexual health. In C. Currie, R. Griebler, J. Inchley, A. Theunissen, M. Molcho, O. Samdal and W. Dür (eds.) *Health Behaviour in School-aged Children (HBSC) Study Protocol: Background, Methodology and Mandatory Items for the 2009/10 Survey*. Edinburgh: Child and Adolescent Health Research Unit, University of Edinburgh and the Ludwig Boltzmann Institute for Health Promotion Research, University of Vienna.

Higgins, O., Sixsmith, J., Barry M.M. and Domegan, C. (2011). *A literature review on health information seeking behaviour on the web: a health consumer and health professional perspective*. ECDC Technical Report. Stockholm: European Centre from Disease Prevention and Control.

Sixsmith, J., Mahmood, S., Cairns, G., MacDonald, L. and Grima Guillen, F. (2011). *Pilot report: establishing a programme for dissemination of evidence based health communication activities and innovations on communicable diseases for country support in the EU and EEA/EFTA 2009-12*. Solana, Sweden: European Centre for Disease Prevention and Control (ECDC).

Ter Bogt, T. and Nic Gabhainn, S. (2011). Cannabis use. In C. Currie, R. Griebler, J. Inchley, A. Theunissen, M. Molcho, O. Samdal and W. Dür (eds.) *Health Behaviour in School-aged Children (HBSC) Study Protocol: Background, Methodology and Mandatory Items for the 2009/10 Survey*. Edinburgh: Child and Adolescent Health Research Unit, University of Edinburgh and the Ludwig Boltzmann Institute for Health Promotion Research, University of Vienna.

b. Presentations

Barry, M.M. (2011). Developing core competencies and professional standards for health promotion capacity building in Europe: overview of the CompHP project. Paper presented at the *CompHP Project Group Meeting*, Paris, February 2011.

Barry, M.M. (2011). Mainstreaming health promotion. Opening speech at *15th Annual HPRC Conference: Mainstreaming Health Promotion: Promoting Health Across Sectors*, NUI Galway, Galway, June 2011.

Barry, M.M. (2011). Mental health promotion in schools: evidence and principles of effective implementation. Keynote address to *Child and Adolescent Mental Health Congress*, RBUP Center for Child and Adolescent Mental Health, Oslo, December 2011.

Barry, M.M. (2011). Overview of work of the WHO Collaborating Centre for Health Promotion Research Centre at NUI Galway. Paper presented to the *meeting of the WHO Collaborating Centres in Europe*, Edinburgh, March 2011.

Barry, M.M. (2011). Promoting positive mental health: concepts, evidence and practice. Keynote address to *Psychological Society of Ireland Special Interest Group in Child and Adolescent Psychology. National Seminar* hosted by the Psychological Society, NUI Galway, Galway September 2011.

Barry, M.M. (2011). Developing competencies and professional standards for health promotion capacity building in Europe (CompHP). Symposium presentation at the *EC, Executive Agency for Health Consumers Workshop "Evidence based prevention addressing welfare development in EU Member States"*. EUPHA 4th European Conference in Public Health. Copenhagen, November 2011.

Battel-Kirk, B. on behalf of the CompHP Project Partners (2011). The CompHP Project – developing core competencies, professional standards and accreditation for health promotion in Europe. Poster presented at the *European Training Consortium Symposium*, Zagreb, Croatia, July 2011.

Battel-Kirk, B. and Barry, M.M. (2011). IUHPE scoping study on health promotion workforce capacity, education and training needs in low and middle income countries. Poster presented at the *European Training Consortium Symposium*, Zagreb, Croatia, July 2011.

Clarke, A.M. and Barry, M.M. (2011). Evaluation of the Zippy's Friends emotional wellbeing programme for children in primary school. Presented at the *15th Annual Health Promotion Research Centre Conference: Mainstreaming Health Promotion. Promoting Health Across Sectors*, National University of Ireland Galway, Galway, June 2011.

Clarke, A.M. and Barry, M.M. (2011). Symposium: winning new opportunities - a partnership experience. A process evaluation of the Winning New Opportunities programme for unemployed people. Paper presented at the *15th Annual Health Promotion*

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Clarke, N., Doyle, P., Kelly, C., Cummins, G., Sixsmith, J., O'Higgins, S., Molcho, M. and Nic Gabhainn, S. (2011). Health Behaviour in School-aged Children: what do children want to know? Presented at the *Annual Scientific Meeting of the Health Behaviour in School-aged Children Network*, Cluj-Napoca, June 2011.

Clarke, N., Kelly, C., Gavin, A., Molcho, M. and Nic Gabhainn, S. (2011). Process of dissemination to key stakeholders: Health Behaviour in School-aged Children (HBSC) Survey. Presented at the *15th Annual Health Promotion Research Centre Conference: Mainstreaming Health Promotion. Promoting Health Across Sectors*, National University of Ireland Galway, Galway, June 2011.

Clarke, N., Kelly, C., Molcho, M., Sixsmith, J., Byrne, M. and Nic Gabhainn, S. (2011). Investigating the promoters and barriers of active travel to in primary school children: a mixed methodological approach. Presented to the *8th Annual Psychology, Health and Medicine Conference*, National University of Ireland Galway, April 2011.

Cummins, G. and Nic Gabhainn, S. (2011). Exploring children as equal stakeholders in research: the process of producing an educational resource using data from HBSC Ireland. Presented at the *Research Forum for the Child seminar 'Opportunities and Challenges: Implementing the CRC'*, Queen's University Belfast, June 2011.

Cummins, G., Kiely, E. and Nic Gabhainn, S. (2011). Exploring children as equal stakeholders in research and education: the process of producing an educational resource using Irish data from the international HBSC study. Presented at the *International Journal for Arts and Sciences (IJAS) conference*, Harvard, MA, June 2011.

Doyle, P., Sixsmith, J., Barry, M.M., Mahmood, S., MacDonald, L., Oroviogoichoechea, C., Cairns, G., Guillen-Grima, F. and Núñez-Córdoba, J. in collaboration with Nurm, U., Wysocki, P. and Würz, A. (2011). Translating health communication. Poster presented at the *World Social Marketing Conference*, Dublin, Ireland, April 2011.

Doyle, P., Sixsmith, J., Barry, M.M., Mahmood, S., MacDonald, L., Oroviogoichoechea, C., Cairns, G., Guillen-Grima, F. and Núñez-Córdoba, J. in collaboration with Nurm, U., Wysocki, P. and Würz, A. (2011). Translating health communication. Presented at the *15th Annual Health Promotion Research Centre Conference: Mainstreaming Health Promotion. Promoting Health Across Sectors*, National University of Ireland Galway, Galway, June 2011.

Gavin, A., Kelly, C., Molcho, M. and Nic Gabhainn, S. (2011). Child health and well-being; findings from HBSC Ireland. Invited paper to the Summer School of the Children's Research Network for Ireland and Northern Ireland / School of Nursing and Midwifery, Trinity College Dublin entitled: *Summer School quantitative methodologies in policy and practice for child health and well-being*, Dublin, September 2011

Gavin, A., Kelly, C., Molcho, M. and Nic Gabhainn, S. (2011). Exploring the lives of Irish children in care. Presented at the *15th Annual Health Promotion Research Centre Conference: Mainstreaming Health Promotion. Promoting Health Across Sectors*, National University of Ireland Galway, Galway, June 2011.

Gavin, A., Kelly, C., Molcho, M. and Nic Gabhainn, S. (2011). Can school participation be good for children? Presented as part of a symposium entitled: Participation, Learning and Health: Critical perspectives on Theory, Research and Practice at the *European Conference on Educational Research*, Berlin, September 2011.

John-Akinola, Y., Gavin, A. and Nic Gabhainn, S. (2011). Taking part in school life: the views of children. Presented at the *15th Annual Health Promotion Research Centre Conference: Mainstreaming Health Promotion. Promoting Health Across Sectors*, National University of Ireland Galway, Galway, June 2011.

Kelly, C., Clarke, N., Murphy, K. and Nic Gabhainn, S. (2011). Documenting Health Promotion in Irish Youth Work: current status and recommendations. Invited paper presented at the *launch of the Irish Youth Health Promotion Bibliography*, National Youth Health Programme, Dublin, December 2011.

Kelly, C., Fitzgerald, A., Molcho, M. and Nic Gabhainn, S. (2011). Weight concerns among boys in the Republic of Ireland. Poster presented to the *Scottish Section Nutrition Society meeting, Nutrition: from conception to adolescence*, Glasgow, Scotland, April 2011. (see also proceedings of the Nutrition Society (2010), 70 (OCE1), E3).

Kelly, C., Molcho, M., Gavin, A., Clarke, N. and Nic Gabhainn, S. (2011). Food poverty among school children in Ireland: time to act? Presented at the *15th Annual Health Promotion Research Centre Conference: Mainstreaming Health Promotion. Promoting Health Across Sectors*, National University of Ireland Galway, Galway, June 2011.

Meaney, T. and Nic Gabhainn, S. (2011). Irish mothers experience of persisting with breastfeeding: a phenomenological study, presented to the *30th Annual International Nursing Conference*, Dublin, February 2011.

Molcho, M., Kelly, C. and Nic Gabhainn, S. (2011). HBSC: exploring its potential. Invited paper presented at the IRCHSS Summer School in UCC entitled: *Keeping children safe and secure in Ireland: maximizing the use of existing data to inform research, policy and practice*, Cork, September 2011.

Molcho, M., Sethi, D., Mitis, F., Rakovac, I. and Loyola, E. (2011). Socio-economic determinants of injuries in the European Region. Invited presentation to the *3rd European Conference on Injury Prevention and Safety Promotion*, Budapest/Gödöllo, June 2011.

Murphy, C. and Nic Gabhainn, S. (2011). Mainstreaming health promotion: evidence from a school-based sexuality education programme. Presented at the *15th Annual Health Promotion Research Centre Conference: Mainstreaming Health Promotion. Promoting Health Across Sectors*, National University of Ireland Galway, Galway, June 2011.

Murphy, C. and Nic Gabhainn, S. (2011). Moving from paper to practice: an examination of teachers' implementation of relationships and sexuality education (RSE) in Irish post-primary schools. Presented at the *20th World Congress for Sexual Health*, Glasgow, June 2011. (see also the *Journal of Sexual Medicine*, 8 (suppl. 3), 204)

Murphy, K., Kelly, C., Clarke, N., Molcho, M. and Nic Gabhainn, S. (2011). The contribution of club participation to the health and well-being of Irish Children. Presented to the *15th Annual Health Promotion Conference, Mainstreaming Health Promotion: Promoting health across sectors*, Galway, June 2011.

Murphy, K., Spillane, A., Gavin, A., Kelly, C., Molcho, M. and Nic Gabhainn, S. (2011). Relationships between the school environment and self-perceived health among young people. Presented at the *15th Annual Health Promotion Research Centre Conference: Mainstreaming Health Promotion. Promoting Health Across Sectors*, National University of Ireland Galway, Galway, June 2011.

O'Hara, M. and Hodgins, M. (2011). Chronic disease: juvenile arthritis -the concerns and fears of parents. Paper presented to the *3rd International Nursing and Midwifery Conference*, March 2011.

O'Higgins, S. and Nic Gabhainn, S. (2011). Irish relationships and sexuality education teachers' reactions to post-primary schools students' ideas for effective sex education. Presented at the *15th Annual Health Promotion Research Centre Conference: Mainstreaming Health Promotion. Promoting Health Across Sectors*, National University of Ireland Galway, Galway, June 2011.

O'Higgins, S. and Nic Gabhainn, S. (2011). Irish relationships and sexuality education teachers' reactions to post-primary schools students' ideas for effective sex education. Presented at the *20th World Congress for Sexual Health*, Glasgow, June 2011. (see also the *Journal of Sexual Medicine*, 8 (suppl. 3), 205).

O'Higgins, S. and Nic Gabhainn, S. (2011). What a difference a year makes: Irish young people's perceptions of the factors influencing condom use among their peers. Presented at the *20th World Congress for Sexual Health*, Glasgow, June 2011. (see also the *Journal of Sexual Medicine*, 8 (suppl. 3), 205).

O'Higgins, S. and Nic Gabhainn, S. (2011). What a difference a year makes: Irish young people's perceptions of the factors influencing condom use among their peers. Presented at the *15th Annual Health Promotion Research Centre Conference: Mainstreaming Health Promotion. Promoting Health Across Sectors*, National University of Ireland Galway, Galway, June 2011.

Power, M. and Vanlente, E. (2011). Caring about care planning: tools, processes, training and perspectives on assessment and care planning in long-stay settings for older people in the Republic of Ireland. Presented to the *Annual Conference of Social Care Ireland*, Athlone, March 2011.

Sentenac, M., Arnaud, C., Molcho, M., Gavin, A., Nic Gabhainn, S. and Godeau, E. (2011). Handicap et brimades scolaires, *5e colloque de la Fédération Française des Psychologues et de Psychologie, Psychopathologie et handicap chez l'enfant et l'adolescent: Questions, tensions, enjeux*, Lyon, November 2011.

Sentenac, M., Gavin, A., Nic Gabhainn, S., Molcho, M., Due, P., Ravens-Sieberer, U., Gaspar de matos, M., Malkowska-Szkutnik, A., Gobina, I., Volleberg, W., Arnaud, C. and Godeau, E. (2011). School bullying-victimisation and subjective health among students with disability or chronic conditions in western countries. Presented at the *15th Annual Health Promotion Research Centre Conference: Mainstreaming Health Promotion. Promoting Health Across Sectors*, National University of Ireland Galway, Galway, June 2011.

Sixsmith, J. and Doyle, P. and Barry, M.M. (2011). Overview of ECDC/Consortium programme on translating health communication: preliminary findings. Presentation at the *Meeting of the Competent Bodies for Communication at the Ministry of National Resources*, Budapest, Hungary, March 2011.

Sixsmith, J., Barry, M.M. and Doyle, P. (2011). Overview of ECDC/Consortium programme on translating health communication: preliminary findings. Presentation at the *World Social Marketing Conference*, Dublin, April 2011.

Sixsmith, J., Barry, M.M., Doyle, P. and Cairns, G. (2011). Overview of ECDC/Consortium programme on translating health communication: preliminary findings. Presentation at the *joint ECDC, Consortium and Advisory Panel meeting*, Stockholm, June 2011.

Spillane, A., Gavin, A., Kelly, C., Molcho, M. and Nic Gabhainn, S. (2011). Relationships between the school environment and self-perceived health among young people in Ireland. Presented at the *15th Annual Health Promotion Research Centre Conference: Mainstreaming Health Promotion. Promoting Health Across Sectors*, National University of Ireland Galway, Galway, June 2011.

Sweeney, L-A., Molcho, M. and Nic Gabhainn, S. (2011). An exploratory study of women involved in prostitution and their psychosocial experiences of the Irish healthcare service. Presented at the *20th World Congress for Sexual Health*, Glasgow, June 2011. (see also the *Journal of Sexual Medicine*, 8 (suppl. 3), 164)

Sweeney, L-A., Molcho, M. and Nic Gabhainn, S. (2011). Women involved in prostitution and their psychosocial experiences' of the Irish Health care service: an exploratory study. Presented at the *8th Annual International Conference on Prostitution, Sex Work and Human Trafficking*, Toledo, Ohio, September 2011.

c. Other Media

Television and radio personality, Ryan Tubridy officially launched the student mental health web portal (My Mind Matters MMM- www.mymindmatters.ie) at NUI Galway on the 7th Feb 2011.

My Mind Matters (MMM) www.mymindmatters.ie is a student website which provides information, help, support and advice to college students around a range of topics that can affect mental health and well-being, such as anxiety, depression, exam stress and coping with the transition to college life. It is a collaborative project between NUI Galway, Trinity College Dublin, University College Cork and Dundalk IT. In some colleges, students can also apply for confidential online one-to-one counselling and other interactive supports.



d. Health Promotion Conference 2011

The Centre annually hosts an international conference at NUI Galway on Health Promotion organised in conjunction with the Population Health Directorate of the Health Services Executive, the Health Promotion Policy Unit, Department of Health and Children and NUI Galway. Past themes have addressed a variety of topics, including Evidence-Based Health Promotion Practice; Nutrition; Social Capital; Mental Health Promotion; Health Inequalities; Re-orienting Health Services & Population Health; Health Promotion Competencies & Professional Standards; Child & Adolescent Health and Men's Health.

The 2011 conference, the HPRC's 15th Annual Health Promotion Conference, focused on **'Mainstreaming Health Promotion: Promoting Health Across Sectors'** building on a WHO global initiative, addressing how a health promotion perspective can be incorporated in all public health policies and reflected in practice to realise the full potential of health promotion and its relevance across diverse sectors.

The conference was opened by Dr. James Reilly, TD, Minister for Health, and included keynote presentations from WHO, European and national policy representatives. A series of workshops on national developments and 24 poster tours from key experts, networks and organisations were also incorporated into the programme along with consultation sessions on the National Health Public Health Policy Framework.

The conference appealed to a wide audience – health promotion personnel, primary care teams, community workers, youth workers and voluntary agencies. Conference feedback was extremely positive, and 105 delegates were provided with key insights into best practice and innovative approaches on main streaming health promotion.

The conference was also covered in the local and national media. All conference presentations are available to view on the HPRC conference website www.hprconference.ie.



Dr. James Reilly TD, Minister for Health; Professor Margaret Barry, HPRC; NUIG; and Professor James Browne, President National University of Ireland Galway.

Mainstreaming Health Promotion: Promoting Health Across Sectors

Thursday, 30th June, 2011
Aras Moyola, NUI Galway.

- 8.45am Registration
- 9.30am Opening Remarks by Professor Margaret Barry, Head of WHO Collaborating Centre for Health Promotion Research, NUI Galway
Welcome by Dr. James Browne, President of NUI Galway
Opening Speech by Dr. James Reilly TD, Minister for Health
Venue: MY243 Lecture Theatre, Aras Moyola.

Plenary

“Responding to Noncommunicable Diseases in Europe: A challenge and an opportunity for health promotion”

Dr. Gauden Galea, Director, WHO Regional Office for Europe.

“Your Health is Your Wealth: A Policy Framework for a Healthier Ireland 2010-2020”

Dr. Tony Holohan, Chief Medical Officer, Department of Health and Children.

Chair: Dr. Kevin Kelleher, HSE National Office for Health Protection

Venue: MY243 Lecture Theatre, Aras Moyola

- 11.00am **Tea/Coffee***
- 11.30am **Parallel Workshops**
 Building Capacity for Mainstreaming Health Promotion
- Workshop 1 Irish Heart Foundation/ Health Service Executive Screening Programmes
Venue: Room 123, Aras Moyola.
- Workshop 2 Irish Cancer Society / Dental Health Foundation
Venue: Room 124, Aras Moyola.
- Workshop 3 National Youth Council of Ireland/ Health Service Executive, Supportive environments
Venue: Room 125, Aras Moyola.
- Workshop 4 Winning New Opportunities/Exercise referral
Venue: Room 126, Aras Moyola.
- 1.00pm **Lunch***
- 2.00pm **Plenary**
"The next decade in the EU: – a 2020 vision for health promotion or back to the bad old days?"
 Mr. Clive Needle, Director of EuroHealthNet, Brussels
- "Setting the Scene for the HSE- The Health Promotion Strategic Framework 2011-2016"*
 Ms. Joan Ita Murphy, Project Officer Health Promotion Strategic Framework
Chair: Ms. Biddy O'Neil, HSE Health Promotion
Venue: MY243 Lecture Theatre, Aras Moyola.
- Introduction to Consultation/Breakout session**
"Input into the development of the National Public Health Policy Framework"
 Ms. Biddy O'Neil, HSE Health Promotion
- 3.00pm **Consultation**
 Consultation on the Development of the National Public Health Policy Framework
Chairs: Ms. Biddy O'Neill, HSE Health Promotion & Mr. Owen Metcalfe, Institute of Public Health in Ireland
Venue 1: MY129, Aras Moyola – Ms. Biddy O'Neill
Venue 2: MY227, Aras Moyola – Mr. Owen Metcalfe
- 4.15pm **Tea/Coffee to go***

4.30pm

Discussion panel

Dr. Margaret Hodgins, Association for Health Promotion Ireland

Ms. Norma Cronin, Irish Cancer Society

Ms. Maureen Mulvihill, Irish Heart Foundation

Mr. Kevin O'Hagan, National Youth Council of Ireland

Ms. Biddy O'Neill, Health Service Executive

Ms. Evelyn Fanning, Health Service Executive

Chair: Mr. Owen Metcalfe, Institute of Public Health in Ireland

Venue: MY243 Lecture Theatre, Aras Moyola.

5.30pm

Closing Remarks

Followed by canapé and wine reception

*Posters will be available for viewing during breaks in Room MY129, Aras Moyola



vi. Research Grants & Donations



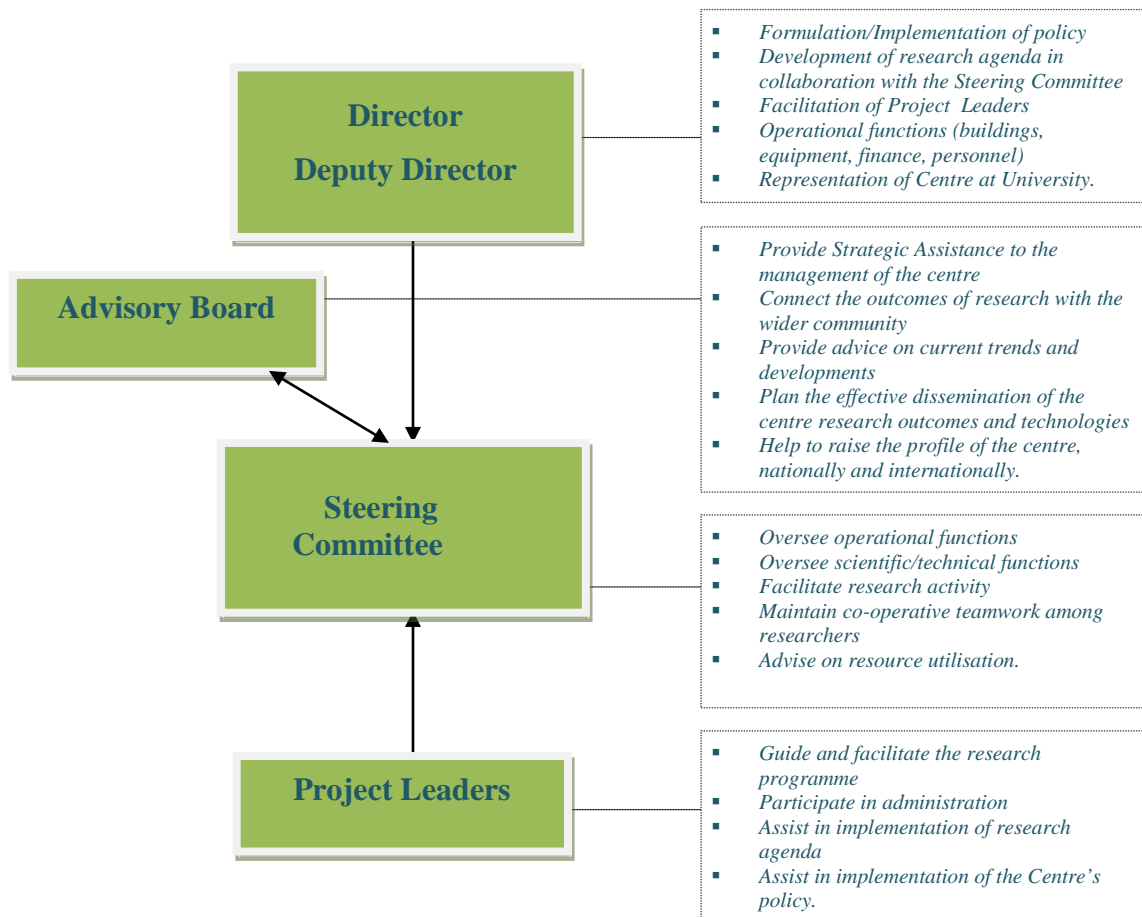
Project Title	Funder	Principal Investigator	Grant Allocation	Project Dates
Bibliography of Health Promotion in the Youthwork Sector	DOHC	S. Nic Gabhainn	15,000	1/5/10-31/12/11
ChRAIC	RCSI/Irish Aid	D. O'Donovan	138,494	1/10/07-30/08/13
CompHP	EAHC, EU	M Barry	659,542	1/9/09-31/08/12
Creating a Common Foundation in Care	EU Leonardo	J. Sixsmith	21,253	1/10/09-30.9.11
HBSC 2010	DOHC	S. Nic Gabhainn	670,939	01/12/09-01/12/13
HEPS Schoolkits	PHEA/EU	S. Nic Gabhainn	13,669	1/9/08-30/04/11
Mainstreaming Health Promotion: WHO Mental Health Review	WHO	M. Barry	7,200	1/12/10-30/06/11
Translating Health Communications	ECDC	J. Sixsmith M. Barry	Total Grant: 640,237 HPRC: 465,585	7/12/09-6/12/12
ZIPPY'S Friends	HSE	M Barry	66,240	1/11/07-31/10/10
Bullying among children with disability	French Embassy	S. Nic Gabhainn	11,600	1/10/10 – 31/12/2011
Inspire Ireland CRC: Bridging the digital disconnect	Inspire Ireland Foundation	M. Barry	202,667	1/11/2011 – 31/10/2014
Evaluation of the Longford Westmeath parenting partnership	Longford Westmeath parenting partnership	S. Nic Gabhainn, L. Pursell	15,000	01/10/2010 - 07/2013

vii. Governance

a. Management Structure of Health Promotion Research Centre

The generic management structure for research centres and units recommended by NUI Galway has been adopted by the Health Promotion Research Centre. This consists of the establishment of an internal Steering Committee and an Advisory Board (see diagram below). The Steering Committee is comprised of a Director of the Centre, a Deputy Director, a team of Project Leaders, an Administrative Director and Secretary.

The Advisory Board consists of representatives from Health Promotion practice, policy and research at national and international level (Advisory Board members external to the HPRC are listed below).



b. External Members of the International Advisory Board

- Professor Maurice Mittlemark, HEMIL Centre, University of Bergen, Norway
- Professor Wolfgang Dür, Ludwig Boltzmann Institute for Health Promotion Research University of Vienna.
- Dr. John Devlin, Deputy Chief Medical Officer Department of Health and Children, Dublin
- Ms. Biddy O'Neill, Health Services Executive
- Professor Gerry Loftus, Dean of the College of Medicine, Nursing and Health Sciences, National University of Ireland Galway
- Professor Edward Herring, Dean of the College of Arts, Social Sciences and Celtic Studies, National University of Ireland Galway
- Dr. Marie Mahon Vice-Dean for Research, College of Arts, Social Sciences and Celtic Studies, National University of Ireland Galway
- Professor Agnes Shiel, Head of School of Health Sciences,, National University of Ireland Galway
- Mr. Declan Ashe, Director of Strategic Development, College of Medicine, Nursing and Health Sciences, National University of Ireland Galway
- Mr. Gary Lupton, Research Office, National University of Ireland Galway
- Dr. Ailish Murray, College Research Officer, College of Medicine, Nursing and Health Sciences, National University of Ireland Galway.