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## **PHYSICAL ACTIVITY**

# Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?

Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? By Gender (%)

	Boys	Girls
0 days	2.7	4.0
1 day	3.4	7.2
2 days	6.5	12.0
3 days	11.2	16.9
4 days	15.2	17.1
5 days	15.0	13.6
6 days	12.6	8.6
7 days	30.0	16.9
Missing	3.3	3.8
n	6487	6069

Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? By Age Group (%)

	10-11	12-14	15-17
0 days	1.5	2.1	5.5
1 day	2.9	3.7	8.1
2 days	4.5	7.5	13.2
3 days	9.9	13.0	17.0
4 days	12.8	16.9	16.7
5 days	14.6	15.9	12.7
6 days	15.1	11.6	8.1
7 days	35.0	26.4	17.0
Missing	3.7	2.9	1.8
n	1613	6088	4499

Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? By Social Class (%)

	SC1-2	SC3-4	SC5-6
0 days	2.7	3.3	3.9
1 day	5.2	5.2	5.2
2 days	9.3	9.0	10.1
3 days	14.3	13.5	15.1
4 days	16.6	17.1	16.1
5 days	15.5	14.7	12.6
6 days	12.2	10.6	10.0
7 days	21.9	24.2	23.5
Missing	2.2	2.4	3.4
n	4537	4363	1520

	10-11		12-14		15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
0 days	1.1	1.8	1.6	2.5	4.3	6.9
1 day	3.0	2.8	2.7	4.8	4.5	12.2
2 days	4.1	4.9	5.3	10.0	8.8	17.9
3 days	7.7	12.0	9.5	16.7	14.8	19.4
4 days	11.5	14.0	15.5	18.5	16.5	17.0
5 days	12.3	16.8	15.8	15.9	15.3	9.8
6 days	16.2	14.0	13.6	9.5	10.4	5.5
7 days	40.4	29.7	32.8	19.6	24.0	9.1
Missing	3.6	3.8	3.1	2.5	1.4	2.2
n	797	814	3132	2932	2366	2118

Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? By Gender and Age Group (%)

Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? By Gender and Social Class (%)

	SC1-2		SC3-4		SC	5-6
	Boys	Girls	Boys	Girls	Boys	Girls
0 days	2.0	3.4	2.7	3.9	3.3	4.6
1 day	3.1	7.4	3.8	6.7	2.5	7.9
2 days	6.9	11.8	5.8	12.4	8.6	11.6
3 days	11.2	17.5	10.9	16.5	12.1	18.0
4 days	15.7	17.5	16.3	18.2	15.3	17.1
5 days	16.8	14.2	15.1	14.3	13.7	11.5
6 days	14.1	10.2	12.6	8.5	13.2	6.9
7 days	28.7	15.1	30.5	17.4	28.0	18.9
Missing	1.4	3.0	2.4	2.3	3.4	3.4
n	2262	2260	2245	2097	760	756

Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? By Age Group and Social Class (%)

		10-11			12-14			15-17	
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
0 days	1.9	0.7	1.5	1.4	1.7	3.5	4.4	6.4	5.2
1 day	2.6	3.0	1.5	3.5	3.6	3.2	8.1	8.2	9.0
2 days	5.1	4.7	5.0	7.4	7.1	9.1	12.6	13.6	13.5
3 days	8.6	10.6	10.0	12.5	13.0	14.9	18.3	15.5	17.3
4 days	14.1	13.2	10.9	17.0	17.9	18.0	16.9	18.1	16.1
5 days	13.9	15.4	15.9	18.3	15.5	12.4	13.0	13.4	11.6
6 days	16.7	15.1	15.4	13.6	11.9	9.5	9.3	6.9	9.0
7 days	34.1	34.8	35.8	24.3	26.8	26.8	16.0	16.4	15.7
Missing	3.0	2.5	4.0	1.8	2.4	2.6	1.3	1.4	2.5
n	533	597	201	2113	2196	724	1779	1460	554

		10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	
0 days	1.1	.4	2.0	1.1	1.3	2.5	3.2	5.2	4.2	
1 day	2.7	3.2	1.0	2.5	2.7	0.8	3.9	5.2	5.3	
2 days	4.9	3.9	6.1	5.3	4.4	7.9	8.9	8.4	10.2	
3 days	4.9	9.2	8.2	8.3	9.7	12.3	16.5	13.2	13.1	
4 days	13.3	11.0	10.2	16.1	16.5	15.6	16.2	18.5	17.3	
5 days	12.5	12.7	14.3	18.8	15.1	12.1	15.8	16.0	15.5	
6 days	18.6	14.5	17.3	15.3	14.4	12.6	11.4	9.6	12.7	
7 days	39.5	42.4	35.7	31.0	33.2	33.2	23.3	23.0	19.1	
Missing	2.3	2.8	5.1	1.5	2.7	3.0	0.8	0.9	2.5	
n	263	283	98	1056	1136	365	897	773	283	

Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? By Age Group and Social Class for BOYS (%)

Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? By Age Group and Social Class for GIRLS (%)

		10-11		12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
0 days	2.6	1.0	1.0	1.7	2.1	4.5	5.7	7.8	6.3
1 day	2.6	2.9	1.9	4.6	4.6	5.6	12.4	11.6	12.9
2 days	5.2	5.4	3.9	9.5	10.0	10.3	16.4	19.5	17.0
3 days	12.2	11.8	11.7	16.8	16.6	17.6	20.1	18.3	21.8
4 days	14.8	15.3	11.7	18.0	19.7	20.4	17.7	17.7	14.8
5 days	15.2	17.8	17.5	17.7	16.0	12.6	10.0	10.4	7.4
6 days	14.8	15.6	13.6	11.9	9.2	6.4	7.2	4.0	5.2
7 days	28.9	28.0	35.9	17.7	20.0	20.4	8.5	8.8	12.2
Missing	3.7	2.2	2.9	2.2	1.8	2.2	1.9	1.9	2.6
n	270	314	103	1053	1053	358	879	682	271

### How long does it usually take you to travel to school from your home?

	Boys	Girls				
Less than 5 minutes	24.1	23.3				
5 – 15 minutes	42.5	44.1				
15 – 30 minutes	22.2	22.2				
30 minutes to 1 hour	7.6	7.6				
More than 1 hour	1.7	1.1				
Missing	1.9	1.7				
n	6487	6069				

How long does it usually take you to travel to school from your home? By Gender (%)

How long does it usually take you to travel to school from your home? By Age Group (%)

	10-11	12-14	15-17
Less than 5 minutes	42.0	24.1	16.2
5 – 15 minutes	42.2	44.1	43.2
15 – 30 minutes	11.4	21.1	28.0
30 minutes to 1 hour	2.1	7.6	9.8
More than 1 hour	0.8	1.2	1.6
Missing	1.5	1.9	1.1
n	1613	6088	4499

How long does it usually take you to travel to school from your home? By Social Class (%)

	SC1-2	SC3-4	SC5-6
Less than 5 minutes	22.1	25.0	22.6
5 – 15 minutes	43.5	44.1	44.9
15 – 30 minutes	22.9	21.5	23.9
30 minutes to 1 hour	8.9	7.3	6.0
More than 1 hour	1.4	1.0	1.2
Missing	1.1	1.1	1.3
n	4537	4363	1520

#### How long does it usually take you to travel to school from your home? By Gender and Age Group (%)

	10-11		12-	-14	15-17	
	Boys	Girls	Boys	Girls	Boys	Girls
Less than 5 minutes	42.9	41.0	25.0	23.2	16.4	16.1
5 – 15 minutes	40.0	44.2	43.1	45.3	43.2	43.2
15 – 30 minutes	11.7	11.2	21.0	21.1	27.5	28.6
30 minutes to 1 hour	2.9	1.4	7.3	7.9	9.8	9.7
More than 1 hour	1.0	0.6	1.3	1.1	2.1	1.1
Missing	1.5	1.6	2.2	1.4	0.9	1.3
n	797	814	3132	2932	2366	2118

#### How long does it usually take you to travel to school from your home? By Gender and Social Class (%)

				• •			
	SC1-2		SC	3-4	SC	5-6	
	Boys	Girls	Boys	Girls	Boys	Girls	
Less than 5 minutes	22.2	21.9	25.4	24.6	23.4	22.0	
5 – 15 minutes	43.2	43.9	42.7	45.7	45.0	44.7	
15 – 30 minutes	23.2	22.6	22.4	20.5	22.8	25.1	
30 minutes to 1 hour	8.8	9.0	7.0	7.5	5.9	6.1	
More than 1 hour	1.9	1.0	1.2	0.9	1.1	1.3	
Missing	0.6	1.6	1.3	0.9	1.8	0.8	
n	2262	2260	2245	2097	760	756	

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Less than 5 minutes	39.4	45.1	38.3	22.9	24.8	22.8	15.7	16.7	15.9
5 – 15 minutes	43.9	40.5	45.3	44.1	44.8	48.2	43.2	45.0	41.3
15 – 30 minutes	11.3	11.2	13.9	21.8	20.4	21.3	27.5	27.6	31.8
30 minutes to 1 hour	3.4	1.5	0.5	9.1	7.5	5.8	10.5	9.3	8.1
More than 1 hour	0.6	0.5	1.0	1.0	1.1	0.8	2.1	1.0	1.4
Missing	1.5	1.2	1.0	1.1	1.5	1.1	0.9	0.4	1.4
n	533	597	201	2113	2196	724	1779	1460	554

How long does it usually take you to travel to school from your home? By Age Group and Social Class (%)

How long does it usually take you to travel to school from your home? By Age Group and Social Class for BOYS (%)

	10-11			12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Less than 5 minutes	39.5	45.9	43.9	23.4	25.7	24.9	15.9	16.9	14.5
5 – 15 minutes	43.7	37.5	38.8	43.4	43.3	46.0	43.6	44.0	45.2
15 – 30 minutes	11.0	12.7	12.2	21.7	21.4	21.4	27.6	28.1	28.6
30 minutes to 1 hour	4.2	2.1	1.0	9.6	6.5	5.2	9.5	9.4	8.8
More than 1 hour	0.8	0.4	2.0	1.2	1.1	0.5	2.9	1.3	1.1
Missing	0.8	1.4	2.0	0.8	1.9	1.9	0.4	0.3	1.8
n	263	283	98	1056	1136	365	897	773	283

How long does it usually take you to travel to school from your home? By Age Group and Social Class for GIRLS (%)

	10-11			12-14			15-17			
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	
Less than 5 minutes	39.3	44.3	33.0	22.4	23.7	20.7	15.6	16.6	17.3	
5 – 15 minutes	44.1	43.3	51.5	44.7	46.6	50.6	42.9	46.0	37.3	
15 – 30 minutes	11.5	9.9	15.5	21.8	19.2	20.9	27.3	27.1	35.1	
30 minutes to 1 hour	2.6	1.0	-	8.7	8.5	6.4	11.6	9.1	7.4	
More than 1 hour	0.4	0.6	-	0.8	1.0	1.1	1.3	0.6	1.8	
Missing	2.2	1.0	-	1.5	0.9	0.3	1.4	0.6	1.1	
n	270	314	103	1053	1053	358	879	682	271	

## On a typical day is the MAIN part of your journey TO school made by...?

	Boys	Girls
Walking	23.9	23.5
Bicycle	3.7	0.8
Bus, train, tram (Luas) or boat	26.6	27.6
Car, motorcycle or moped	42.7	45.5
Other means	0.8	0.4
Missing	2.2	2.2
n	6487	6069

On a typical day is the MAIN part of your journey TO school made by...? By Gender (%)

#### On a typical day is the MAIN part of your journey TO school made by ...? By Age Group (%)

	10-11	12-14	15-17
Walking	26.0	23.7	22.6
Bicycle	4.0	2.5	1.6
Bus, train, tram (Luas) or boat	13.5	27.3	32.5
Car, motorcycle or moped	53.6	43.6	41.4
Other means	0.6	0.7	0.5
Missing	2.3	2.2	1.4
n	1613	6088	4499

#### On a typical day is the MAIN part of your journey TO school made by ... ? By Social Class (%)

	SC1-2	SC3-4	SC5-6
Walking	19.9	23.2	27.0
Bicycle	1.8	2.5	3.2
Bus, train, tram (Luas) or boat	28.8	26.5	27.3
Car, motorcycle or moped	47.5	45.5	40.4
Other means	0.6	0.5	0.7
Missing	1.5	1.8	1.4
n	4537	4363	1520

#### On a typical day is the MAIN part of your journey TO school made by...? By Gender and Age Group (%)

	10-11		12-	-14	15	-17
	Boys	Girls	Boys	Girls	Boys	Girls
Walking	25.1	26.9	24.0	23.4	23.0	22.2
Bicycle	5.5	2.5	4.2	0.7	2.5	0.4
Bus, train, tram (Luas) or boat	15.1	11.9	26.7	27.9	31.1	34.0
Car, motorcycle or moped	51.9	55.3	41.3	46.3	41.9	41.1
Other means	0.4	0.9	1.0	0.3	0.7	0.2
Missing	2.0	2.6	2.7	1.4	0.8	2.0
n	797	814	3132	2932	2366	2118

	SC1-2		SC	3-4	SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Walking	21.2	18.5	23.7	22.6	25.4	28.4
Bicycle	2.9	0.7	3.8	1.0	5.7	0.7
Bus, train, tram (Luas) or boat	27.9	29.6	26.6	26.4	25.9	28.8
Car, motorcycle or moped	46.1	49.0	43.4	47.9	40.1	40.7
Other means	0.8	0.4	0.5	0.4	1.2	0.3
Missing	1.1	1.8	1.9	1.7	1.7	1.1
n	2262	2260	2245	2097	760	756

On a typical day is the MAIN part of your journey TO school made by...? By Gender and Social Class (%)

On a typical day is the MAIN part of your journey TO school made by ...? By Age Group and Social Class (%)

	10-11				12-14		15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Walking	21.2	26.5	26.9	20.0	23.4	26.7	18.8	22.1	26.9
Bicycle	3.2	4.7	5.0	1.8	2.5	4.1	1.3	1.8	1.3
Bus, train, tram (Luas) or boat	14.6	12.2	14.9	29.0	26.9	26.1	33.4	32.1	34.1
Car, motorcycle or moped	58.2	54.9	51.2	47.8	44.3	40.6	44.2	42.7	36.3
Other means	0.8	0.3	0.5	0.4	0.5	1.4	0.7	0.4	-
Missing	2.1	1.3	1.5	1.1	2.4	1.1	1.5	0.9	1.4
n	533	597	201	2113	2196	724	1779	1460	554

On a typical day is the MAIN part of your journey TO school made by...? By Age Group and Social Class for BOYS (%)

	10-11				12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	
Walking	21.7	25.4	21.4	22.3	24.6	24.1	19.1	22.4	27.6	
Bicycle	3.8	6.7	8.2	2.9	4.0	7.9	2.5	2.7	1.8	
Bus, train, tram (Luas) or boat	15.6	14.8	18.4	28.1	26.9	23.3	31.4	31.0	32.5	
Car, motorcycle or moped	57.0	51.6	48.0	44.6	40.8	40.8	45.3	43.2	36.7	
Other means	0.4	-	1.0	0.7	0.6	2.2	1.0	0.5	-	
Missing	1.5	1.4	3.1	1.3	3.1	1.6	0.8	0.1	1.4	
n	263	283	98	1056	1136	365	897	773	283	

On a typical day is the MAIN part of your journey TO school made by...? By Age Group and Social Class for GIRLS (%)

	10-11				12-14			15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	
Walking	20.7	27.4	32.0	17.7	22.0	29.1	18.7	21.7	26.2	
Bicycle	2.6	2.9	1.9	0.6	0.9	0.3	0.2	0.6	0.7	
Bus, train, tram (Luas) or boat	13.7	9.9	11.7	29.7	26.9	29.1	35.3	33.1	35.8	
Car, motorcycle or moped	59.3	58.0	54.4	51.0	48.2	40.5	43.2	42.5	35.8	
Other means	1.1	0.6	-	0.2	0.4	0.6	0.3	0.3	-	
Missing	2.6	1.3	-	0.9	1.6	0.6	2.3	1.8	1.5	
n	270	314	103	1053	1053	358	879	682	271	

## On a typical day is the MAIN part of your journey FROM school made by...?

	Boys	Girls
Walking	29.5	30.2
Bicycle	3.8	0.7
Bus, train, tram (Luas) or boat	28.8	29.2
Car, motorcycle or moped	34.8	37.5
Other means	0.7	0.4
Missing	2.4	2.1
n	6487	6069

#### On a typical day is the MAIN part of your journey FROM school made by...? By Gender (%)

On a typical day is the MAIN part of your journey FROM school made by...? By Age Group (%)

	10-11	12-14	15-17
Walking	31.7	29.8	28.7
Bicycle	3.5	2.6	1.5
Bus, train, tram (Luas) or boat	14.8	29.5	34.1
Car, motorcycle or moped	46.8	35.3	33.7
Other means	0.6	0.5	0.4
Missing	2.6	2.2	1.6
n	1613	6088	4499

#### On a typical day is the MAIN part of your journey FROM school made by ... ? By Social Class (%)

	SC1-2	SC3-4	SC5-6
Walking	25.3	30.6	32.8
Bicycle	2.0	2.4	3.0
Bus, train, tram (Luas) or boat	31.1	28.8	28.3
Car, motorcycle or moped	39.6	36.2	34.0
Other means	0.5	0.4	0.5
Missing	1.5	1.7	1.4
n	4537	4363	1520

#### On a typical day is the MAIN part of your journey FROM school made by...? By Gender and Age Group (%)

	10-11		12-	-14	15	-17
	Boys	Girls	Boys	Girls	Boys	Girls
Walking	30.0	33.4	29.9	29.9	28.6	28.8
Bicycle	5.3	1.8	4.4	0.7	2.6	0.2
Bus, train, tram (Luas) or boat	16.2	13.4	28.8	30.3	33.4	34.8
Car, motorcycle or moped	45.5	48.0	33.4	37.5	33.6	33.9
Other means	0.4	0.7	0.7	0.3	0.6	0.2
Missing	2.6	2.6	2.9	1.3	1.1	2.1
n	797	814	3132	2932	2366	2118

	SC1-2		SC	3-4	SC5-6	
	Boys	Girls	Boys	Girls	Boys	Girls
Walking	25.9	24.6	31.0	30.2	30.5	34.7
Bicycle	3.2	0.8	3.8	0.8	5.7	0.3
Bus, train, tram (Luas) or boat	31.7	30.6	28.6	29.1	26.6	30.2
Car, motorcycle or moped	37.4	42.0	34.5	37.9	34.7	33.5
Other means	0.8	0.3	0.4	0.3	0.7	0.4
Missing	1.2	1.7	1.7	1.6	1.8	1.1
n	2262	2260	2245	2097	760	756

On a typical day is the MAIN part of your journey FROM school made by...? By Gender and Social Class (%)

On a typical day is the MAIN part of your journey FROM school made by...? By Age Group and Social Class (%)

	10-11				12-14		15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Walking	26.1	33.8	27.9	25.9	30.3	32.9	23.8	29.9	33.6
Bicycle	3.4	4.2	3.5	2.1	2.4	4.3	1.3	1.8	0.9
Bus, train, tram (Luas) or boat	15.9	13.7	17.4	32.0	29.3	26.8	35.1	34.6	34.8
Car, motorcycle or moped	52.0	46.4	49.3	38.4	35.4	34.1	37.7	32.5	28.9
Other means	0.6	0.3	0.5	0.3	0.5	0.8	0.7	0.2	0.2
Missing	2.1	1.5	1.5	1.2	2.1	1.1	1.4	1.0	1.6
n	533	597	201	2113	2196	724	1779	1460	554

On a typical day is the MAIN part of your journey FROM school made by...? By Age Group and Social Class for BOYS (%)

	10-11				12-14		15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Walking	25.9	33.2	20.4	27.1	31.6	31.0	23.9	29.8	33.2
Bicycle	4.2	6.4	7.1	3.4	3.9	7.9	2.6	2.8	1.8
Bus, train, tram (Luas) or boat	17.9	15.2	21.4	32.3	28.5	24.1	34.8	34.2	32.2
Car, motorcycle or moped	49.8	44.2	46.9	35.1	33.1	34.0	37.2	32.3	31.4
Other means	0.4	-	1.0	0.5	0.4	1.1	1.0	0.4	-
Missing	1.9	1.1	3.1	1.6	2.5	1.9	0.6	0.5	1.4
n	263	283	98	1056	1136	365	897	773	283

On a typical day is the MAIN part of your journey FROM school made by...? By Age Group and Social Class for GIRLS (%)

	10-11				12-14		15-17		
	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6	SC1-2	SC3-4	SC5-6
Walking	26.3	34.4	35.0	24.7	29.1	34.6	23.9	29.9	33.9
Bicycle	2.6	2.2	-	0.9	0.7	0.6	0.1	0.4	-
Bus, train, tram (Luas) or boat	14.1	12.4	13.6	31.7	30.2	29.6	35.3	35.0	37.6
Car, motorcycle or moped	54.1	48.4	51.5	41.8	38.0	34.4	38.1	33.0	26.2
Other means	0.7	0.6	-	0.2	0.5	0.6	0.3	-	0.4
Missing	2.2	1.9	-	0.8	1.6	0.3	2.3	1.6	1.8
n	270	314	103	1053	1053	358	879	682	271