



The Irish Health Behaviour in School-aged Children (HBSC) Study

Health Promotion Research Centre, National University of Ireland Galway, (NUIG)

Funded by the Department of Health (DoH)

History of HBSC Ireland



Study Aims

- Gain new insight into young people's health and well-being
- Understand the social determinants of health
- Inform policy and practice to improve young people's lives

The Irish HBSC team has been based at the Health Promotion Research Centre, National University of Ireland Galway since 1994. The first Irish survey was conducted in 1998.

N = 53,526
schoolchildren aged 9-18

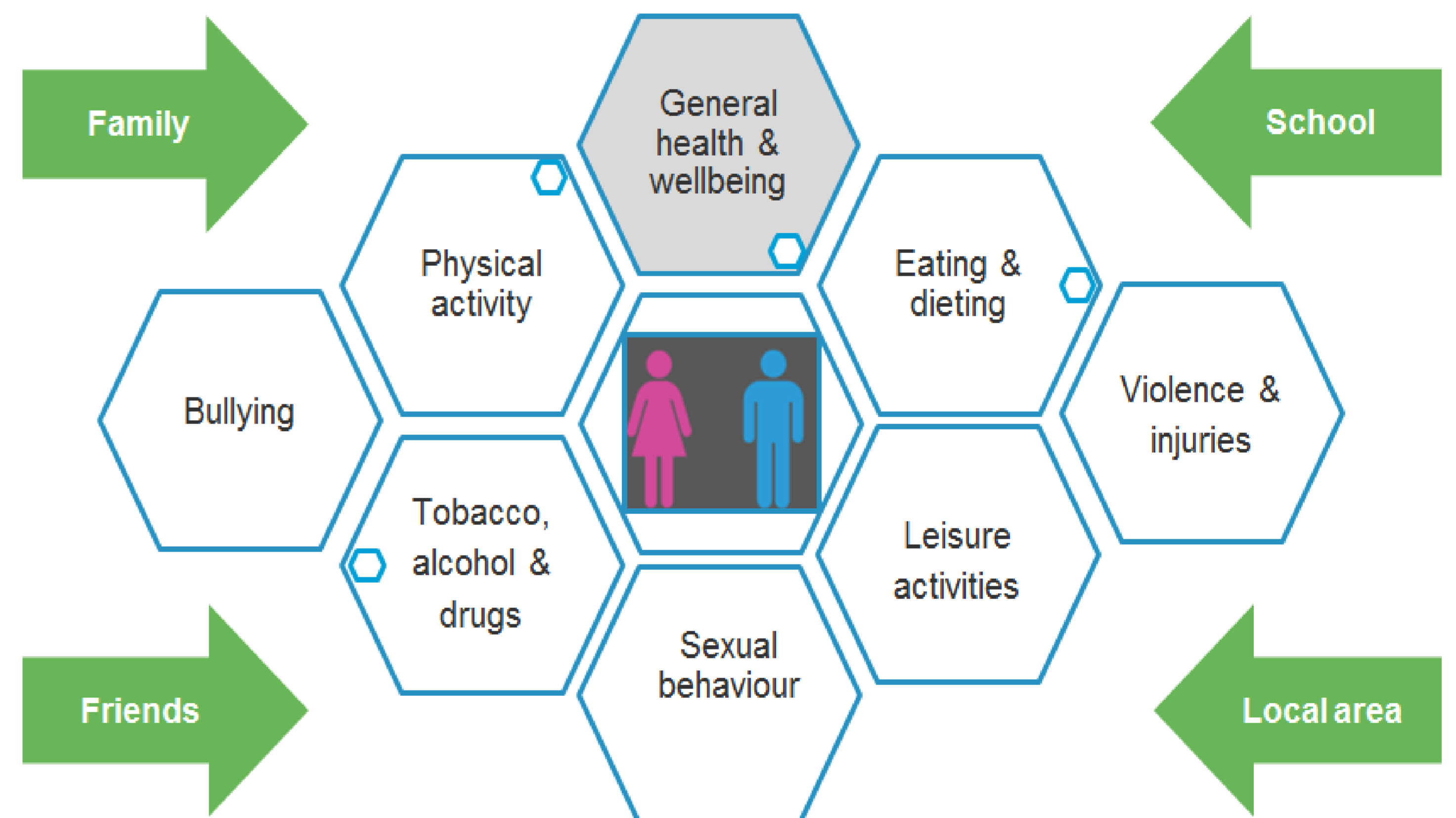
Five surveys have been conducted to date. The reports can be downloaded from our website. We also publish a range of journal articles, short reports and factsheets. Check out our website for more information <http://www.nuigalway.ie/hbSC>.

Scope of the Data

School-going children aged 9-18 years complete questionnaires about the context in which they live their lives (within their family, peer, school, and local area), about their health, and predictors of their health.

The value of the HBSC study

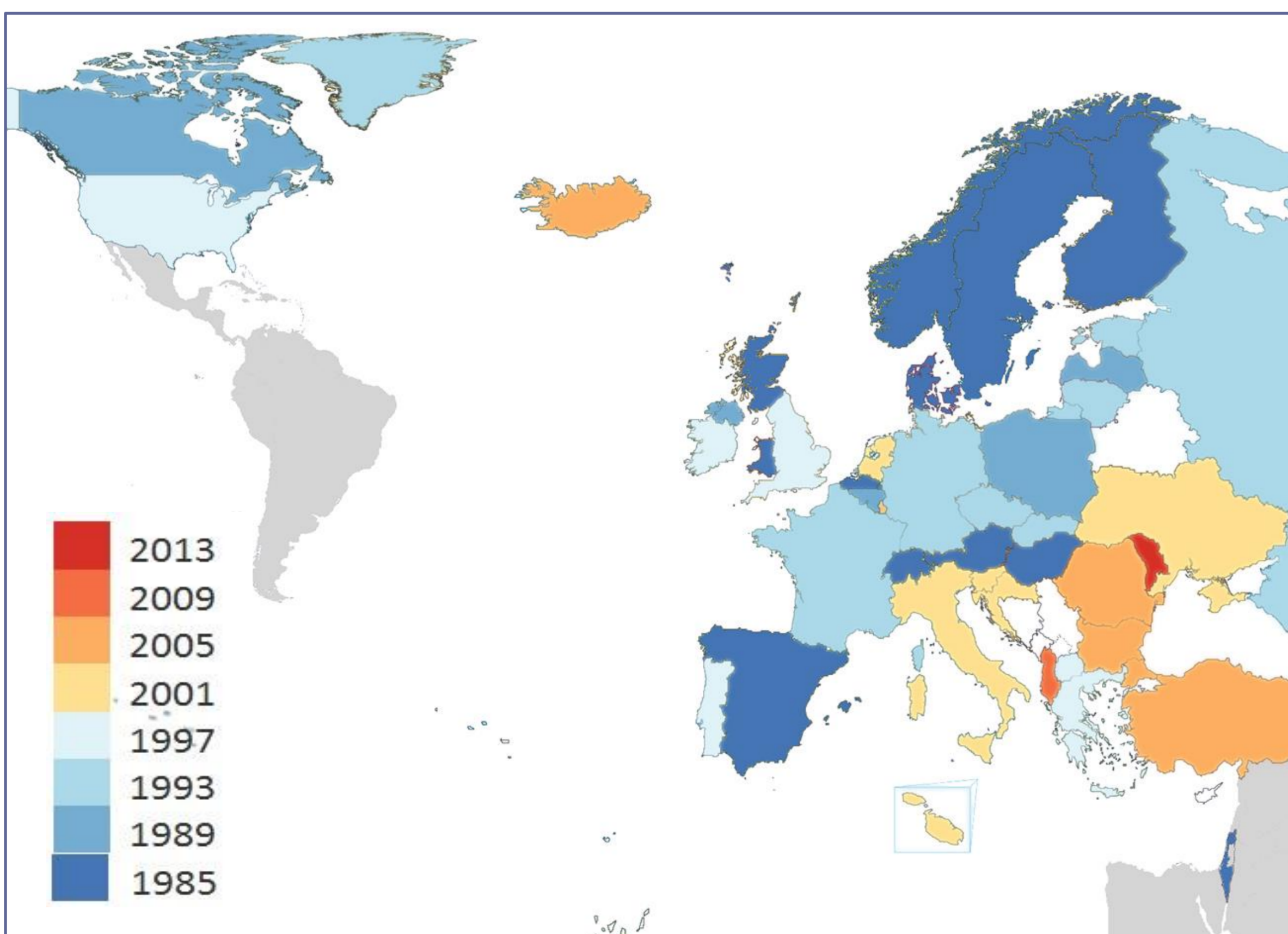
"The evidence base around age, gender and socioeconomic inequalities in health and well-being must continue to develop, to inform improvements in the effectiveness of health promotion actions and policies. The unique HBSC data provide a rich resource for such work" Zsuzsanna Jakub, WHO Regional Director for Europe



History of HBSC International

The HBSC study is a World Health Organisation (WHO) collaborative study which collects data from **44 countries and regions** in Europe and North America. The network has grown over the past **30 years** beginning in 5 countries in 1984. Data is collected every 4 years from samples of **11, 13 and 15 year-olds** within each participating country. An international comparison report is published after each wave, these are available at <http://www.hbSC.org/publications/international/>.

Study Growth



Visualising HBSC data

The WHO & HBSC international team have developed an **app**.

This will give you access to the 2014 survey figures for all participating countries including Ireland.

The app is available on the Apple 'App store' or 'Google play', search **'WHO European health statistics'**.

Select Adolescent health and well-being.

